



## *The Lions Club of Barrie*

*386 Blake Street*



### **Open House September 18**

The Lions Club of Barrie (at 386 Blake Street) is holding an open house on September 18. This event is for the public to be able to talk to many of the service organizations (such as Gove Park Home, Elizabeth Fry, Barrie Food Bank, Salvation Army, Women's Crisis, Busby Centre and many more).

The reason for this open house is that the Lions Club knows about these organizations, but realizes the public is unaware of the contribution to our community. The Lions are holding an Open House so we can all better understand what these organizations do for our community, to learn where we can help these organizations to reach their objectives, to be able to ask questions, and for the public to learn about services that they may need for themselves, a friend, or a loved one. Also participating with this event are some private companies and government offices. All this and more to make our community a better place to live!

**Open to the public 7 PM till 9 PM. Share this event info with others you know who may be looking for supports in the Barrie area.**

### **DementiAbility**

DementiAbility's objective to provide residents with meaningful activities within their range of abilities while empowering them to feel useful and a feeling of self-worth.

One great opportunity to promote resident participation is with our resident Caroline on the Willow unit. Caroline has been doing day to day tasks that provide her with a payment in "café bucks" weekly. This empowers her to feel that she is doing a "job" and also helps out staff and co-residents at the same time. WIN-WIN! Caroline is responsible for helping clear and clean the tables in the dining room prior to meals, wiping the activity board at the end of the day, watering flowers and vegetables on Willow unit and collecting a co-residents paper daily. These tasks are taken very seriously by Caroline as she loves being helpful and, even more, receiving her café bucks in return. What a great way to put a smile on someone's face by simply using the abilities that they have to offer.



## GREEN TAPE PROJECT

We are starting a new initiative throughout the Home regarding the use of 1/4 bedrails (those side rails by the head of the bed) As some of you know, the Ministry considers the use of bedrails a possible restraint OR entrapment risk. Grove Park Home remains a minimum restraint Home while looking for opportunities to ensure the safety of our residents. With this in mind, each resident is assessed (upon admission, quarterly and as needed) for the use of 1/4 bedrails. First, let's state that the use of bedrails can be explained in two different ways:

**PASD (Personal Assistance Services Device):** A device used to ASSIST a person with routine activities of daily living (ADLs)

*Residents who use their bedrails independently to assist with their activities of daily living, such as transfers and independent bed mobility, would fall under the category of **PASD** - these bedrails will remain up at all times (may be one OR both sides of the bed).*

**Non-use:** Not in use as either a restraint or a PASD and taken out of use in order to ensure resident safety and reduce risks for entrapment.

*We determine which type of use each resident requires. Clearly those who do not require or do not have the ability to safely use the bedrails fall into the category of **Non-use** and bedrails are zip tied down so they cannot mistakenly be used. You will have noticed that this step has already been completed and is ongoing throughout the Home.*

But there is one more use/need for bedrails and that is for **CARE**. For those residents requiring the use of bedrails for **CARE ONLY**, their bedrails will be taken down after care is completed and must remain down whether the resident is in bed or not. To assist in making this clear to all staff, we are placing a piece of **GREEN TAPE** on all bedrails that are used for **CARE ONLY**. The reason why this information is for ALL families is because WE ARE ALL RESPONSIBLE FOR THE SAFETY OF OUR RESIDENTS! If you see that a bedrail is up and it has the **GREEN TAPE** on it - please bring this to the attention of a staff member. Thank you for your help while we introduce this innovative and safe use of 1/4 bed rails.

If you have any questions or comments please let me know!

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### **Our Growing Gardens**

As summer winds down, our gardens continue to flourish. Make sure you stop by to see the vegetable gardens by the hallway leading towards the elevators. And be sure to enjoy the lovely gardens on each unit and the center court yard. Our very good friends at RBC are coming by again on September 10/11 to volunteer another 24 hours of time cleaning up and replanting more garden areas. If you are interested in "adopting" a garden area to get it ready for winter, please email our Administrator Paul Taylor at ptaylor@groveparkhome.on.ca

FINALLY, be sure to shop at Garden Gallery on HWY 90 to pick up your own Fall garden supplies and plants.

Mention Grove Park Home at the checkout BEFORE the cashier rings up your order. We receive a rebate on all sales tallied for our Home, so please tell your friends, families, and neighbours.

