

GROVE PARK HOME Menu - Summer/Fall 2018

Week 1 – August 20 to 26, September 17 to 23, October 15 to 21, November 12 to 18, December 10 to 16

W1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST	Assorted Juice Oatmeal Boiled Egg Bran Muffin Alternate Choices Whole Wheat Toast Assorted Cold Cereal	Assorted Juice Cream of Wheat Fried Egg English Muffin Alternate Choices Whole Wheat Toast Assorted Cold Cereal	Assorted Juice Oatmeal Scrambled Eggs Fruit Bowl Alternate Choices Whole Wheat Toast Assorted Cold Cereal	Assorted Juice Cream of Wheat Plain Omelet Raisin Toast Breakfast Sausage Alternate Choices Whole Wheat Toast Assorted Cold Cereal	Assorted Juice Oatmeal Poached Eggs English Muffin Alternate Choices Whole Wheat Toast Assorted Cold Cereal	Assorted Juice Cream of Wheat Boiled Eggs Morning Glory Muffin Alternate Choices Whole Wheat Toast Assorted Cold Cereal	Assorted Juice Oatmeal Scrambled Eggs Bacon Raisin Toast Alternate Choices Whole Wheat Toast Assorted Cold Cereal
LIGHT MEAL	Cream of Tomato Soup Macaroni and Cheese Green Peas Pineapple Tidbits Alternate Choices Chicken Club Wrap Roasted Corn Salad Southern Banana Pudding	Lentil Rustic Soup Deli Meat Sandwich Coleslaw Fruit Cocktail Alternate Choices Summer Vegetable Omelet Buttered Toast Points Asparagus Strawberry Ice Cream Cups	Roasted Sweet Onion Soup Sliced Beef Rice Broccoli Salad Diced Melon Dinner Roll Alternate Choices Pulled Pork SW on WW Bun Stewed Tomatoes Mocha Cupcake	Cream of Mushroom Soup Tuna Salad Sandwich Carrot Raisin Salad Diced Pears Alternate Choices Southwestern Turkey Chili Corn Bread Cucumber Salad Vanilla Pineapple Parfait	Soup, Resident's Choice RESIDENTS CHOICE Alternate Choices Vegetarian BBQ Patty on a Bun Greek Salad Assorted Ice Cream	Garden Vegetable Soup Fon Slice Potato Salad Pickled Beets Apricot Halves Dinner Roll Alternate Choices Grilled Cheese Sandwich Peas & Carrots Date Square	Chicken Noodle Sloppy Joe Apple Zucchini Coleslaw Fresh Fruit - In season Alternate Choices Creamy Fettucine Pasta Seasoned Spinach Orange Gelatin
MAIN MEAL	Apple Glazed Pork Mashed Potatoes California Blend Mixed Vegetables Napoleon Squares Alternate Choices Oriental Beef Seasoned Rice Sauteed Zucchini Stewed Rhubarb	Lemon Haddock Mashed Potatoes Whipped Squash Black Forest Cobbler Alternate Choices Meat Lasagna Garlic Bread Mixed Greens Salad Spicy Fruit Compote	Garlic Braised Chicken Drumstick Mashed Potatoes Green Beans & Tomatoes Caramel Crème Alternate Choices Irish (Lamb) Stew Greek Style Potatoes Brussels Sprouts Mixed Berries	Veal Cutlet Linguine Steamed Spinach Lemon Meringue Pie Alternate Choices Baked Ham Mashed Potatoes Asparagus Diced Peaches	Orange Chicken Stir Fry White Rice Sugar Snap Peas Chocolate Iced Cake Alternate Choices Dill Baked Cod Mashed Potatoes Broiled Tomatoes Tropical Fruit Salad	Devilled Pork Chops Roasted Potatoes Glazed Parsnips Millefeuille Alternate Choices Liver and Onions Mashed Potatoes Roasted Cauliflower Banana	Roast Turkey Poultry Gravy Traditional Stuffing Mashed Potatoes Julienned Carrots Assorted Pies Alternate Choices Salmon Fillet Maple Mustard Sauce Boiled Parsley Potatoes Broccoli Applesauce

NOTE:
Whole wheat bread available everyday at Lunch and Dinner. Crackers served everyday at Lunch with Soup.
Peanut Butter, Yogurt or Cheese available at breakfast if requested. Assorted Fruit Juices available at Breakfast.
250 ml Assorted Juices & Diet Drinks (Orange, Apple, Cranberry, Diet Cranberry, Diet Peach, Diet Grape, Diet Lemonade & Tomato) are offered everyday at Lunch & Dinner
250 ml Milk is offered everyday at Breakfast, Lunch & Dinner