

50 years later... As the year winds down, we are thankful for a year that saw great celebrations as Grove Park Home turned 50 years old. This was the year of the cake; at our birthday party and in the community. In May we hosted a birthday party for 200 guests. In June and July we were invited to share our story at the Huronia Rotary Club and at a private donor event. Both parties were an opportunity for us to share not only our incredible history, but we were able to “toot our own birthday horns” about what we are doing today. ICYMI (see social below) we challenged our friends, our families, and this community with a \$50,000 goal to raise money for our DementiaAbility program. **AND WE MADE IT.** This newsletter tells more of that story and some exciting things we have done with this incredible gift. Our Dragon Boat Team won a race this year. HOORAY! But the biggest

win of all was a three-peat “best FUNDRAISING team” award from the Barrie Dragon Boat Festival. Want to know how much money was raised and how we are spending these donations? See page 2.

A comforting thought on closing this note. As we look ahead to 2019, we are placing a focus on the single most important item for resident care; beds. There is so much to know about what seems to be a simple product.

I turned to two incredibly caring women for advice and they had a lot to share. Their story will inspire you to fill out the donation card on page 3 and mail it in (or go online). We wish you a very happy holiday season.

Linda



Grove Park Home Turned 50!



how sweet it is

Travis Durham, Food & Nutrition Manager, is proud to announce another outstanding year of honey production here at the Home. Year two saw record yields that produced honey for use in our kitchens and dining rooms, PLUS we bottled jars of honey to sell. Proceeds support our Resident Leadership Team and the good work they do in our Home. This year we are adding creamed honey to our line-up, perfect for all your Christmas gift giving. Regular and Creamed Honey in 375ml jars is only \$8.00 and available at the café year round.



Did you know that Grove Park Home is on Facebook and Twitter? Follow/Like us to stay connected to the Home. We feature resident events, special celebrations, industry news, and upcoming events that you may wish to attend or share. We also promote fundraising events so we would really appreciate the Likes, Shares and Retweets!

DementiAbility – 50 years in the making

Thank you to all who sent us a “birthday gift” to support our DementiAbility program. By now you know that DementiAbility goes beyond the daily care of those living with Dementia. 9/10 residents in long term care have some level of cognitive impairment. This program allows for the education and resources needed to provide individualized activities for each resident. Because dementia can cause behaviours, learning more about a resident’s earlier life (spiritual, family, hobbies, jobs) can allow us to divert behaviours into meaningful activities. The result can be pure magic for residents, staff and families.

We raised a lot of money for this two-year initiative (\$50,000) and we promised to share this journey with you, our donors. The DementiAbility Committee has already moved ahead with the following ideas:

- The “neon yellow” name tags on the Pine Unit will be rolled out to the whole Home. Residents find these first name only tags easier to read, they help to instill conversation, and they are using names more often during care (apprx. cost \$200)
- The vegetable garden was a HUGE success this year, especially for those on our Pine Unit. Growing food has created so many positive memories. This program has funded the 2019 supplies at a cost of \$890.
- A consultant from the DementiAbility program is coming to the Home in November to do an “audit” of our current programs and to make recommendations (apprx. cost \$500)
- 2 new iPads have been purchased so that one-to-one programs that feature language and travel can be used with residents who were born in another country or speak another language (apprx. cost \$1300)
- For the men in our Home, we are creating a travelling workshop. Full size rolling tool cabinet complete with work top and real tools. This will be an incredible memory maker as we create workshop crafts to use throughout the home for other DementiAbility projects. (apprx. cost \$1500)
- Workshop training for more staff will take place in January and February. (apprx. cost \$4500)

Coming up in the new year will be specially created spaces for kitchen activities, crafting, a new “nursery”, expanded garden projects and more. Additionally, any individual resident need will be funded within this project.

We will be in touch soon!

how will you give this christmas season?

From one-time donations to monthly gifts, there are several ways you can make a financial donation to Grove Park Home.

Our most popular type of donation is a one-time annual gift. At our Home, we always have a year end project that needs support and we let you, our donors, choose this newsletter (together with other donors), to help us complete a project that has great impact on the residents in our care.

Another strategic way to give is monthly giving. When you set up a monthly donation, you control how much you give each month. This makes your expenses predictable and you feel great giving throughout the year. Plus, monthly donations help us too! With reliable monthly income, we can better plan spending because we have steady funds we can count on each month.

If you’re looking to make a larger donation and have financial investments, a donation of securities may be right for you (or your loved one). A donation of securities or mutual fund shares is one of the most tax-efficient ways to support your favourite charity and reduce your tax bill. Look at the chart for details.

	Sell securities and donate the after-tax proceeds	Donate securities
Original Cost of Securities	\$1000.00	\$1000.00
Current Market Value	\$5000.00	\$5000.00
Capital Gain	\$4000.00	\$4000.00
Tax on Capital Gains	\$920.00	\$0.00
Donation Amount After Tax	\$4080.00	\$5000.00
Charitable Donation Amount	\$1877.00	\$2300.00

**Talk to your financial advisor to see how this applies to your investments.*

paddles up!

Yup, they did it again! The Geri-Antics have captured the “best fundraising team” trophy this year. The Barrie Dragon Boat Festival presented the three-peat award to the team after a rainy day of paddling. However, the rain did not dampen the spirits of this incredible team who got to hang out, enjoy some races, share some great food and celebrate the money raised to support our residents.

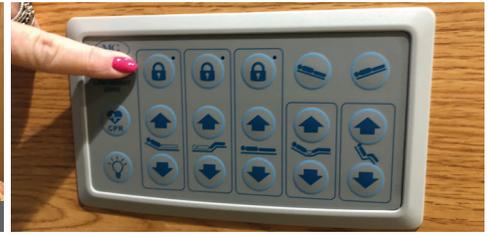


This year, we asked our staff what they wanted in their home areas and we received lots of replies. We are thrilled to say that we were able to support each and every request that spent almost every penny of the \$24,000 raised. Recliners, shelving, blood pressure monitors, dining aids, wound care, activities, décor updates and so much more will be accomplished because of our generous corporate sponsors and friends.

a good's night sleep is something to think about



Debby, Edie and Debbie



We are Home to 143 residents. That means 143 bed frames and 143 mattresses (surfaces). Add in a few spare pieces so let's just say 150 "beds". Depending on individual care plans, between naps, rest, and sleep, a resident spends approx. 15 hours a day in their bed. That gives us 782,925 hours to think about how your loved one rests. The whole concept of beds is complicated business so we turned to two in-home experts. Debbie Brown is the Nursing Administrative Assistant and Debby Rowell, RPN is our RAI Coordinator. These two dynamos are responsible for "bed management"; a task that takes them away from their regular responsibilities upon every admission, surface change request, and for 80 hours annually conducting bed audits. Throughout the year, this team keeps an accurate inventory and orders beds, surfaces and parts as needed.

"Bed audits are mandatory," says Rowell. "We must ensure that each frame and mattress belongs together. When surface changes happen throughout the year, records need to be updated." The audit encompasses safety as well. Illustrated here is an entrapment tool that is used to identify gaps that could pose a hazard to a resident; the head and foot of the bed is assessed as well as sides and near bedrails. The audit also includes a visual inspection of the surface to identify any wear and tear. Debbie Brown tell us "there are many surfaces we use here. Regular

mattresses, beveled mattresses to reduce falls for those at risk, and a specialized air surface used with a pump to offset pressure on wounds and those with skin integrity issues. Because the specialized surface is very expensive we often have to move these within the Home based on most urgent need."



Maple Resident Dorothy tells us about the Comfort Care Mattress: "I had chronic leg pain that was not managed before I came to this Home and was given this special mattress. I sleep so much better now and my pain is greatly reduced. So comfortable!"

BY THE NUMBERS:

We have spent the last five years trialing beds and suppliers. Because quality matters, we have chosen a bed frame that will last for years, providing comfort for many residents over the frame's lifespan. Newer beds come with the latest safety and comfort features that are not on our current beds.

- Bed Frames: \$3100 (high-low feature to reduce the risk of falls)
- Standard 42" Mattress: \$689 (reduces falls and more-home like)
- Comfort Care Mattress: \$1200 (operated with or w/o a pump)

For 2019, use the slip below to donate to support the comfort of our residents. Or donate online at groveparkhome.on.ca

DONATE



HELP US MAKE BEDS HAPPEN

When you complete the reverse side of this donation form, know that you are making great things happen. As noted above, beds are expensive and we need your help. ALL DONATIONS FROM THIS NEWSLETTER APPEAL will be used to purchase new beds and

surfaces. Whether we are able to buy five beds or twenty, it will be a start to having all beds replaced in the Home. It will mean having wider, more comfortable mattresses for each and every resident. Your gift will bring care and comfort to the special people in our Home.

"We shall continuously provide excellent care in a secure environment with family and community support"



why donate to grove park home?



Ila Ellison is a poet and an artist. She is a resident of Grove Park Home and a past president of the Resident Leadership Team. Why does Ila believe you should donate to our Home?

“What comes to my mind? If you had an elder – family or friend – and they had to go into long-term care, would you just leave them there or would you get involved? Would you find out what you can do and what the Home needs? Well, this is *our* family and these are *our* friends. Would you think for just a minute and consider supporting us, by answering this appeal for new beds? The residents here deserve comfort, and a bed to suit them and their needs would be the most comforting gift of all.”



Executive Director, Paul Taylor, speaks about the need for support.

“Grove Park is a charitable stand-alone Home. We don't have a big corporation to support us. That being said, our greatest benefit is being able to set standards for this industry without a profit motive. We are different. We are innovative. We are passionate about what we do. By supporting our Home, and our appeal for new beds, you are allowing us to focus resources on our residents. Every dollar counts in this sector and the more money we can direct to the care of those in our charge, the better quality of life we create.”

third party events are different at grove park home

If you are involved in a golf tournament or other fundraising event, consider making our Home the beneficiary of the event proceeds. Let your employer or a local business know that all funds raised at Grove Park Home go directly to support the residents in our care. We can help make your event fun and successful. Call our office to learn more about Special Events in the Community.

If you have comments or suggestions about this edition of The Care Connection, please contact us. If you are able, please use the cut-out remittance form on page 4, and the enclosed return envelope, to make a donation. It would be sincerely appreciated.

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Yes, I want to help...

Name: _____
Address: _____
City: _____
Postal Code: _____
Phone Number: _____

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Find enclosed my **one time donation** of \$ _____

I would like to be a monthly donor
Please charge my credit card \$ _____ monthly.
(January 2019 - December 2019)

Please make your cheque payable to **Grove Park Home**. Credit card donations are also accepted. We will mail your credit card transaction slip to you.

Mastercard Visa

Card No.: _____

Expiry: _____

Name on Card: _____

Signature: _____

Tax receipts will be issued for donations over \$10.00
Monthly supporters will be receipted annually.