RESIDENT ABSENCES AT GROVE PARK HOME

COVID-19 is a very contagious illness. It is spread quickly from one person to another through contact and droplets. The Team at Grove has done its very best to keep your loved ones and those caring for them protected and safe, which unfortunately meant closing our doors to families, volunteers and other visitors. This has been a challenging and stressful time for everyone.

At this time, we are introducing out-of-home excursions for residents, as directed by the Ministry of Long Term Care. As is our practice, we are providing you with this guidance document that will answer questions you may have, as well as safety instructions and booking processes. With the health and safety of our residents and staff a top priority, we are cautiously introducing these highly anticipated excursions while protecting those in our care. These schedules may change at any time. Your patience is appreciated as we work through these processes.



SHORT STAY ABSENCES (DAY TRIPS)

These outings are for health care related, social or other reasons that do not include an overnight stay, with the exception of single-night emergency department visits. Upon return to the home from Day Trips, residents will not be required to self-isolate for 14 days.



TEMPORARY ABSENCES (OVERNIGHT)

These outings are for personal reasons and for one or more nights. Homes must review and approve all Temporary Absences based on a case-by-case risk assessment as outlined in Directive #3. Upon returning to the home, the resident will be required to self-isolate for 14 days.

ALL ABSENCES MUST BE APPROVED BY POA / SDM

MASKING

The direction from the Ministry of Long Term Care states "the resident must be provided with a medical mask to be worn at all times when outside of the home, if tolerated." As there is medical evidence of the effectiveness of masking, we strongly encourage you to reconsider out-of-home excursions if you feel your loved one will not tolerate wearing a mask. We are also requiring ANY person coming in contact with our residents outside of the home to be wearing a mask at all times. Please help us enforce this rule that will help keep your loved one safe.

HOW TO WEAR A MASK











HOW TO REMOVE A MASK



Clean your hands with soap and water or hand sanitizer



Avoid touching the front of the mask Only touch the ear



Hold both of the ear loops and gently lift and remove the mask



Throw the mask in the Clean your hands with trash soan and water or hand sanitizer

NON-COMPLIANCE

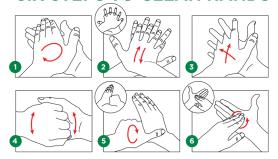
While preparing these Resident Absence instructions, utmost consideration has been given to the safety of residents, staff and visitors. Please ask if you do not understand them. Non-adherence to the rules set out in this document will result in discontinuation of visits.



ADDITIONAL ADVICE

- Take cues from your loved one. If they are tired, return them to the home
- Wash/sanitize your hands often when you are out
- Avoid other people touching your loved one
- Do not return residents between 11:45 -1:00pm and 4:45 - 6:00pm (mealtime)
- Outings are booked from 9:30am with return by 7:00pm
- Outings count as your one scheduled physical visit per week
- Only one resident per unit/per day is booked for an outing
- Be aware of any health changes ie: mobility, medications, dietary changes. When in doubt, speak to the RPN before booking your trip

SIX STEPS TO CLEAN HANDS



BOOKING A RESIDENT OUTING

If you have reviewed this document, you are ready to book your outing! As is our practice, these outings will be booked to ensure the safe departure and arrival of your loved one. Please email the visiting team at visits@groveparkhome.on.ca with your request. Provide your phone number and we will call you to arrange your excursion. At this time, we will ask you for your travel plans for the day for our contact tracing records. We will also remind you that you need a Negative COVID-19 test result and that you will participate in Active Screening.



ON OUTING DAY

Arrive on time Proceed to front lobby for Active Screening Ensure you can assist your resident into your vehicle

FOLLOW STAFF INSTRUCTIONS TO:

Attest to Negative Test Result Confirm destinations Complete Active Screening

Thank you for your cooperation

GET THE APP

We strongly encourage you to download the Government of Canada's COVID Alert app on your phone. COVID Alert helps break the cycle of infection. The app can let people know of possible exposures before any symptoms appear. If you are out with your loved one and get a notification within 14 days of your visit, you can inform us to help protect our residents and staff. No personal information is required.



GETTING TESTED

Prior to picking up your loved one, we will ask you to attest to a negative COVID-19 test result. As all staff are tested every two weeks, we believe that all families will have the same expectations of anyone who takes residents outside the home. Check online for clinic locations, but it our understanding that our RVH offers the quickest results at this time.

