

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>October 2025</h1> <h2>ASPEN</h2>			9:30-11 Rehab Gym, RC <b>10:30 Roman Catholic Mass, Aud.</b> 11:15 Welcome October Chat <b>1:30 Spiritual Reflections</b> 3:00 Restorative Visits 3:30 Darts, Sol <small>Yom Kippur Begins</small>	<b>1 DUSSEHRA CELEBRATION</b> 9:30 Physiotherapy AM 9:30 Café Visits (DH) 1:30 Festival of Dussehra Chat, AR (DH)	<b>2</b> 9:30 Java Music, Sol. 11:00 "Gratitude" Word Mining, AR 1:30 Garden Cleanup 3:30 Autumn Stories & Poems, AR	<b>3</b> <b>9:30 St. Mary's Catholic Church Visits</b> 9:30 Snakes & Ladders Game, Sol (AB) 1:30 Cornhole Game, Sol (AB)
<b>5</b> 11:00 Worship Service – Church of Christ 11:00 Hymn Sing & Hand Massages, AR (AB) 3:00 Ring Toss Game, Sol (AB)	<b>6</b> Physiotherapy PM 1-1 Music Therapy 9:30 Giant Dice Game, Sol (RR) 11:00 Who Am I, AR (RR) 1:30 Thanksgiving/Fall Quiz, AR (RR) 3:30 Manicures & Music, AR (RR) <small>Sukkot Begins</small>	<b>7</b> Physiotherapy PM <b>1:30 Birthday Party with Bob Cook, Aud</b>	<b>8</b> 9:30-1 Rehab Gym, RC 9:30 Manicures & Music, AR (DH) 11:00 Word Game, AR (DH) <b>1:30 Spiritual Reflections</b> 3:00 Restorative Visits	<b>9</b> Physiotherapy AM 9:30 Café Visits <b>11:00 Anglican Church Service, QS</b> 11:15 Rosary, Sol (KD) <b>1:30 Resident Council Meeting, Aud.</b> 1:45 Thanksgiving Craft, Sol 3:30 Java Music, Sol	<b>10</b> 9:30 Remembering Songs About Gratitude (DH) 2:00 Restorative Visits 3:00 Hand Therapy	<b>11</b> <b>9:30 St. Mary's Catholic Church Visits</b> 9:30 A Canadian Thanksgiving, AR (SM) 1:30 Truth or Turkey Trivia, AR (SM)
<b>12</b> 11:00 Worship Service – Church of Christ 1:30 Hymn Sing & Hand Massages, AR (SM)	<b>13</b> <b>THANKSGIVING DAY</b> 1:30 Canadian Thanksgiving True or False (SM) <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)</small>	<b>14</b> Physiotherapy PM 9:30 Obie Interactive Game, Sol 11:00 October Easy Does It Trivia, AR <b>1:30 Sing Song with the Maycourt Ladies, Aud.</b> 3:00 Cyber Calls & 1-1 Visits <small>Simchat Torah Begins</small>	<b>15</b> 9:30-11 Rehab Gym, RC 11:15 Sparkling Specs <b>1:30 Spiritual Reflections</b> <b>2:00 Fall Colours Bus Tour</b> 3:00 Restorative Visits 3:30 Darts, Sol	<b>16</b> Physiotherapy AM 9:30 What / Who Am I?, L(GC) <b>10:30 Painting with Olivia, Spruce AR</b> <b>1:30 Bowling, Aud</b>	<b>17</b> 9:30 Java Music, Sol. 11:00 Baking Bread <b>12:00 Diner's Club: Pizza Hut, Auditorium</b> 2:00 Creative Colouring 2:00 Restorative Visits 3:00 Hand Therapy 3:30 Pass the Bread!	<b>18</b> <b>9:30 St. Mary's Catholic Church Visits</b> 1:30 Giant Crossword, AR (KD)
<b>19</b> 11:00 Worship Service – Church of Christ 11:00 Hymn Sing & Hand Massages, AR (KDi) 3:00 Who Sang It? Dolly Parton or Barbara Streisand, L (KDi)	<b>20</b> <b>DIWALI</b> Physiotherapy PM 1-1 Music Therapy 9:30 DROM Circle, Sol 11:15 1-1 Java Time 1:30 Halloween Craft, Sol 3:30 Ghoulishly Funny Riddles, AR 6:00 Remembering Picking Pumpkins & Apples, AR	<b>21</b> Physiotherapy PM 9:30 Hand Bells, AR 11:00 Believable or Batty? Game, AR <b>1:30 Entertainment with Naomi Bristow, Aud.</b> 3:00 Cyber Calls & 1-1 Visits	<b>22</b> 9:30-11 Rehab Gym, RC 9:30 Java Music, Sol. 11:00 Name That Country Artist <b>1:30 Spiritual Reflections</b> 3:00 Darts, Sol. 3:00 Restorative Visits	<b>23</b> Physiotherapy AM 9:30 Café Visits 11:00 Rosary, Sol <b>1:30 Men's Group</b> 1:45 Manicures & Music, AR 3:30 Would You Rather? Autumn Edition, AR	<b>24</b> 9:30 "Orange" Trivia, L (KDi) 2:00 Restorative Visits 3:00 Hand Therapy	<b>25</b> <b>9:30 St. Mary's Catholic Church Visits</b> <b>10:00-12:00 Children's Halloween Costume Parade &amp; Party, Aud.</b> 1:30 Remembering "Night" Songs (MD)
<b>26</b> 11:00 Worship Service – Church of Christ 11:00 Hymn Sing & Hand Massages, AR 3:00 Jeopardy Trivia, AR (MD)	<b>27</b> Physiotherapy PM 1-1 Music Therapy 9:30 Let's Get Physical, Sol 11:15 1-1 Java Time 1:30 Pumpkin Carving, Sol 3:30 Java Music, Sol 6:00 Remembering Halloween Songs, AR	<b>28</b> Physiotherapy PM 9:30 Obie interactive Game, Sol 11:00 Halloween Trivia & Folklore, AR <b>1:30 Sing Song with the Maycourt Ladies, Aud.</b> 3:00 Cyber Calls & 1-1 Visits	<b>29</b> 9:30-11 Rehab Gym, RC 9:30 The Write Word Game: Halloween Edition, L (KDi) <b>1:30 Spiritual Reflections – Memorial</b> 3:00 Restorative Visits <b>6:30 Pub Night with Rick Groves, Aud.</b>	<b>30</b> Physiotherapy AM 9:30 Café visits 11:00 Ghostbuster Game, Sol <b>1:30 DROM Circle, Aud</b> 3:30 Halloween Fill-In, AR	<b>31</b> 9:30 October Humour (RR) 11:00 "Halloween" Word in a Word, L (RR) <b>1:30 Halloween Party &amp; Costume Parade, Aud.</b> 3:00 Restorative Visits 3:30 Halloween Colouring (RR) <small>Halloween</small>	<b>KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L = Lounge, AR = Activity Room, Aud. = Auditorium, RC = Rehab Ctr, Sol. = Solarium, QS = Quite Space</b>

Programs on the calendar are subject to change. Please check your activity board daily for any updates.