

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>October 2025</div> <div>SPRUCE</div>				9:30 Welcome to October Chat & Trivia, L (KDi) 9:30-11 Rehab Gym, RC 10:30 Roman Catholic Mass, QS 1:30 Spiritual Reflections 6:00 Remembering Julie Andrew Songs, L (MD) <small>Yom Kippur Begins</small>	DUSSEHRA CELEBRATION Physiotherapy PM 9:30 Let's Get Physical, L 11:00 Festival of Dussehra Chat, L (SM) 3:30 Manicures & Music (SM)	Physiotherapy AM 9:30 Who Sang It? Dolly Parton or Barbara Streisand, L 11:00 Word Games, L 1:30 Bingo, AR 3:30 Friendly Visits
9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Group, AR (DH)	1-1 Music Therapy 9:30 Café Visits 11:00 Armchair Travel, L 1:30 Afternoon Baking, AR 3:30 1-1 Reading <small>Sukkot Begins</small>	Physiotherapy AM 11:00 Crossword Puzzle, L 1:30 Birthday Party with Bob Cook, Aud 3:30 Friendly Visits	9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:30 Manicures & Music 6:00 Darts, L	Physiotherapy PM 9:30 Let's Get Physical, L 9:30 1-1 Java Music Time 11:00 Anglican Church Service, QS 11:15 Rosary, L (GC) 1:30 Resident Council Meeting 1:45 What Are You Thankful For? L 3:30 Best Music Hits, L	Physiotherapy AM 9:30 Java Music Club, AR 10:30 Restorative Visits 1:30 Bingo, AR 3:30 Friendly Visits	9:30 October Word Scramble, L (DH) 1:30 Target Toss Game, L (DH)
9:30 St. Mary's Catholic Church Visits 2:30 Hymn Sing & Hand Massages, L (SM) 11:00 Worship Service – Church of Christ	THANKSGIVING DAY 2:30 Canadian Thanksgiving True or False (SM) <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)</small>	Physiotherapy AM 11:00 Obie Interactive Games, AR 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 Friendly Visits <small>Simchat Torah Begins</small>	9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 1:30 Spiritual Reflections 2:00 Fall Colours Bus Tour 6:00 Yahtzee Game, L	Physiotherapy PM 9:30 DROM Circle, L 9:30 1-1 Java Music Time 10:30 Painting with Olivia, Spruce AR 1:30 Bowling, Aud 3:30 "Orange" Trivia, L	Physiotherapy AM 9:30 Creative Crafts - Painting, AR 10:30 Restorative Visits 12:00 Diner's Club: Pizza Hut, Auditorium 2:00 Bingo, AR 3:30 Friendly Visits	2:30 Name the Celebrity, L (KD)
9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Group, AR (DH)	DIWALI 1-1 Music Therapy 9:30 Café Visits 11:00 Biography: Arnold Schwarzenegger, L 1:30 Paper Lantern Craft, AR 2:00 Restorative Visits 3:00 Hand Therapy, L 3:30 1-1 Reminisce	Physiotherapy AM 9:30 The Write Word Game: Halloween Edition, L 11:00 Card Bingo, AR 1:30 Entertainment with Naomi Bristow, Aud 3:30 Friendly Visits	9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:30 Manicures & Music 6:00 Who Am I? L	Physiotherapy PM 9:30 1-1 Puzzles 9:30 Let's Get Physical, L 11:00 Rosary, L (SM) 1:30 Men's Group 1:45 Patio Clean Up 3:30 Hallowed Halloween, L	Physiotherapy AM 9:30 Java Music Club, AR 10:30 Restorative Visits 11:00 Halloween Word Games, L 1:30 Bingo, AR	10:00-12:00 Children's Halloween Costume Parade & Party, Aud 1:30 Ring Toss Game, L (CR)
9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (SM) 11:00 Worship Service – Church of Christ 1:30 Halloween Word Game, L (SM)	1-1 Music Therapy 9:30 Café Visits 11:00 Remembering Hayrides, L 1:30 EZ Trivia, L 2:00 Restorative Visits 3:00 Hand Therapy, L 3:30 1-1 Reading	Physiotherapy AM 9:30 Halloween Fill In, L 11:00 Obie Interactive Games, AR 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 Friendly Visits	9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 1:30 Spiritual Reflections – Memorial 3:00 Pumpkin Carving & Decorating, AR 6:30 Pub Night with Rick Groves, Aud	Physiotherapy PM 9:30 1-1 Java Music Time 9:30 Let's Get Physical, L 11:00 Baking Halloween Cookies, AR 1:30 DROM Circle, Aud 3:30 Enjoy our Baking & Visits	Physiotherapy AM 9:30 Word Games, L 10:30 Restorative Visits 11:00 Remembering Halloween Costumes, L 1:30 Halloween Party & Costume Parade, Aud 3:30 Friendly Visits <small>Halloween</small>	KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L = Lounge, AR = Activity Room, Aud. = Auditorium, RC = Rehab Ctr, Sol. = Solarium, QS = Quite Space

Programs on the calendar are subject to change. Please check your activity board daily for any updates.