Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L = Lounge, AR = Activity Room, Sol. = Solarium, Aud. = Auditorium, RC = Rehab Ctr, QS = Quite Space	LABOUR DAY 1:30 Occupational Riddles, AR (Anu)	1:30 Birthday Party with music by Sound Reflections, Aud.	9:30-11:00 Rehab Gym, RC 10:30 Roman Catholic Mass, QS 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts, Sol	Physiotherapy AM 9:30 Café visits 11:00 Back to School Reminiscing, AR 1:30 Java Music, Sol 3:30 Manicures & Music, AR	Job is it? 3:30 Garden Visit/Care	9:30 St. Mary's 6 Catholic Church Visits 9:30 Word in a Word, AR (SM) 1:30 Entertainment with Bill Dickenson, Aud
	Physiotherapy PM 9:30 Let's Get Physical 1:30 Songs of School Days, AR 3:30 Creative Colouring, AR	Story: School Days, AR 1:30 Sing Song with the Maycourt Ladies, Aud. 3:00 Cyber Calls & 1-1	Fox 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:00 Restorative Visits	Physiotherapy AM 11 11:00 Anglican Communion, QS 1:30 Resident Council Meeting, Aud. 3:15 School Days Trivia, AR (GC)	11:00 Intergenerational Trivia 11:30 Lunch Outing to Halibut House	9:30 St. Mary's 13 Catholic Church Visits 9:30 Unscramble the School Words, AR(KD) 1:30 Hat Toss, Sol (KD)
Church of Christ 11:00 Hymn Sing & Hand Massages, AR (KD)	1-1 Music Therapy 9:30 DROM Circle, Sol 9:30 1-1 Garden Care 11:00 Movies & Stars-Acting Families, AR 1:30 Sunflowers Colouring,	with Tracy, Aud.	9:30-11:00 Rehab Gym, 17 RC 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts, Sol	11:00 Finish the Quote, AR 1:30 Bowling, Aud. 3:30 Manicures & Music, AR 5:00 Special Harvest	9:30 Fill in the Missing 9 AR (GC) 1:30 Name Place Animal Word Game, AR (SM) 2:00 Restorative Visits 3:00 Hand Therapy	Catholic Church Visits 9:30 All About
	9:30 Let's Get Physical 11:15 1-1 Garden Care 1:30 Mocktails & Music, Pine Garden 3:30 1-1 Garden Care 6:00 Remembering Mother Goose Nursery Rhymes AR Kosh Flashanah Begins Autumn Begins	9:30 Ball Toss, Sol 11:00 What Am I, AR 1:30 Sing Song with the Maycourt Ladies, Aud. 3:00 Cyber Calls & 1-1 Visits	9:30-11:00 Rehab Gym, 24 RC 11:15 Sparkling Specs 1:30 Spiritual Reflections - Memorial 3:00 Restorative Visits 3:00 Darts, Sol	Physiotherapy AM 25 8:00 Men's Breakfast, Aud 11:00 Café Visits 1:30 Dromming Group, Aud. 1:45 Manicures & Music, AR 3:00 Cyber Calls & Friendly Visits	9:30 Java Music, Sol. 26 11:00 Baking Bread 2:00 Restorative Visits 3:00 Hand Therapy 3:30 Sharing the Bread	9:30 St. Mary's 27 Catholic Church Visits 1:30 Best of Fall, AR (GC)
11:00 Hymn Sing & Hand Massages, AR (GC) 3:00 Music Trivia, AR	9:30 Let's Get Physical 9:30 Trivia, (MD)	ORANGE SHIRT DAY 30 Physiotherapy PM 9:30 Hand Bells, AR 10:30 Painting with Olivia, Spruce AR 11:00 Humour & Riddles, AR 1:30 Entertainment with Brent, Aud. 3:00 Cyber Calls & 1.1 Visits	Sej	ptem	ber 2	025

3:00 Cyber Calls & 1-1 Visits

Programs on the calendar are subject to change. Please check your activity board daily for any updates.