

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# May 2026

						9:30 Creative Coloring, Sol 11:00 Symbols Of May Day, AR 2:00 Restorative Visits 3:00 Hand Therapy, Sol <small>May Day</small>	9:30 <b>St. Mary's Catholic Church Visits</b> 9:30 Morning Music Sing Along (EH) 1:30 Sunny Saturday Visits (EH)
11:00 Worship Service 3 – Church of Christ 11:00 Hymn Sing & Hand Massage (EH) 3:00 Manicures & Music	Physiotherapy PM 4 1-1 Music Therapy 9:30 Let's Get Physical, So 11:15 1-1 Montessori 1:30 Planting Seeds, Sol 3:30 Card Bingo, AR 6:00 Floral Melodies, AR	Physiotherapy PM 5 11:00 Welcome to April Chat, AR <b>1:30 Birthday Party with Lou Perri, Aud</b> 3:30 Cyber Calls and 1-1 Visits <small>Cinco de Mayo</small>	9:30-11 Rehab Gym, RC 9:30 Plinko, AR (DH) <b>10:30 Roman Catholic Mass, QS (DH)</b> 11:00 Pipe Cleaner Flowers, Sol (DH) <b>1:30 Spiritual Reflections</b> 2:00 Darts, Sol (DH) 3:00 Restorative Visits 3:00 1-1 Cyber Chat	6	Physiotherapy AM 7 9:15 Café Visits <b>10:30 Chair Yoga, Aud</b> 11:00 Slow & Steady Gets the Laughs, AR 1:30 Music on the Patio 3:00 Mother's Day Poetry & Quotes, AR	8 9:30 Manicures 11:00 Target Toss Game, Sol <b>1:30 Mother's Day Social, Aud</b> 2:00 Restorative Visits 3:00 Hand Therapy, Sol 3:30 Friendly Visits	9 9:30 <b>St. Mary's Catholic Church Visits</b> 9:30 Famous Mothers Trivia, L (MD) 1:30 Motherly Humour, (MD)
11:00 Worship Service – Church of Christ 10 11:00 Hymn Sing & Hand Massage (MD) 3:00 Remembering Songs About Mothers & Motherhood (MD) <small>Mother's Day National Skilled Nursing Care Week</small>	Physiotherapy PM 11 1-1 Music Therapy 9:30 Let's Get Physical, So 11:15 1-1 Walks 1:30 Java Music, Sol 3:30 Knitting/Wool Winding 6:00 Who Am I, AR	Physiotherapy PM 12 9:30 Obie Interactive Game, Sol 11:00 To A "T" Word Game, AR <b>1:30 Sing Song with Maycourt Ladies &amp; Clara, Aud</b> 3:30 Cyber Calls and 1-1 Visits	9:30-11 Rehab Gym, RC 13 9:30 Spring Coloring, Sol 11:00 Tea Time, AR <b>1:30 Spiritual Reflections</b> 3:00 Restorative Visits 3:00 1-1 Cyber Chat 3:30 Darts, Sol	14	Physiotherapy AM 14 9:30 Café Visits <b>11:00 Anglican Communion, QS</b> 11:00 Montessori Story: Our Fair Queen, AR <b>1:30 Resident Council Meeting, Aud</b> 1:45 Rosary, Sol 3:30 Grow Word Game, AR	15 9:30 Manicures 11:00 Celebrating Armed Forces Day, AR 1:30 Horseshoes, Sol 2:00 Restorative Visits 3:00 Hand Therapy, Sol 3:30 Montessori	16 9:30 <b>St. Mary's Catholic Church Visits</b> 9:30 Ball Toss, AR (CR) 1:30 Outdoor Group Chit Chat (CR) <small>Armed Forces Day</small>
11:00 Worship Service 17 – Church of Christ 11:00 Hymn Sing & Hand Massage (VA) 3:00 Giant Dice Game, AR (VA)	<b>VICTORIA DAY 18</b> 9:30 Queen Victoria Trivia & Quotes, L (KDi) 1:30 Chicken Soup for the Soul Stories, L (KDi) <small>Victoria Day (Canada)</small>	Physiotherapy PM 19 9:30 A Drop in the Umbrella Game, AR 11:00 Remembering Raising Chickens, AR <b>1:30 Entertainment with JoJo, Aud</b> 3:30 Cyber Calls and 1-1 Visits	9:15 Sparkling Specs 20 <b>10:00 Chair Yoga, Aud</b> 11:00 Reminiscing Summer, AR <b>1:30 Spiritual Reflections</b> 3:00 Restorative Visits 3:00 1-1 Cyber Chat 3:30 Darts, Sol	21	Physiotherapy AM 21 9:15 Café Visits <b>10:30 Painting with Olivia, Spruce AR</b> 11:00 Trivia Time, AR <b>1:30 DROM Circle, Aud</b> 1:45 Outdoor Visits 3:30 Hand Bells, AR <small>Shavuot Begins</small>	22 9:30 Manicures 11:00 Giant Crossword, AR 1:30 Short Stories, AR 2:00 Restorative Visits 3:00 Hand Therapy, Sol 3:30 Target Toss Game	23 9:30 <b>St. Mary's Catholic Church Visits</b> 9:30 Ball Toss (SM) <b>1:30 Entertainment with Andy D'Campos, Aud</b>
11:00 Worship Service 24 – Church of Christ 11:00 Hymn Sing & Hand Massage (SM) 3:00 Write the Word Game, Memorial Day Edition, AR (SM)	Physiotherapy PM 25 1-1 Music Therapy 9:30 Let's Get Physical, Sol <b>9:30 Garden Centre &amp; Starbucks Outing</b> 11:15 Sparkling Specs 1:30 Java Music, Sol 3:00 Rosary, Sol 6:00 Name That Country Artist, AR <small>Memorial Day</small>	Physiotherapy PM 26 9:30 Obie Interactive Game, Sol (SM) 11:00 Outdoor Group Chit Chat (SM) <b>1:30 Sing Song with Maycourt Ladies &amp; Bruski, Aud</b> 3:30 Cyber Calls and 1-1 Visits	9:30-11 Rehab Gym, RC 27 9:30 Montessori 11:00 Last Letter Up, Camping Trivia, AR <b>1:30 Spiritual Reflections</b> 3:00 Restorative Visits 3:30 Darts, Sol	28	Physiotherapy AM 28 9:15 Sensory Circle, AR <b>10:00 Gardening Group</b> 11:00 Finish The Saying, AR <b>1:30 Men's Group</b> 1:45 Manicures & Music, AR 3:30 Cool Cats Reading, AR	29 9:30 Manicures 11:00 Giant Dice Game, Sol 1:30 Rhyme Game, AR 2:00 Restorative Visits 3:00 Hand Therapy, Sol 3:30 Beaded Wind Chimes, Sol	30 9:30 <b>St. Mary's Catholic Church Visits</b> 9:30 Who Are We? (MD) 1:30 Outdoor Visits (MD)

# ASPEN

KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L= Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, QS = Quite Space

Programs on the calendar are subject to change. Please check your activity board daily for any updates...