

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

								Physiotherapy AM 1 9:30 Warm Hands Warm Hearts 10:30 Bingo Game, AR 1:30 Outdoor Walks 3:30 Manicures & Music <small>May Day</small>		2 11:00 Large Dice Game 3:30 Saturday Sunshine Strolls			
9:30 Hymn Sing & Hand Massage, L (EH) 11:00 Worship Service – Church of Christ 1:30 Card Games, AR (EH)		Physiotherapy AM 4 1-1 Music Therapy 9:30 Montessori Visits 10:30 Restorative Visits 11:00 Daily Chronicles, L(GC) 1:30 Mothers Days Craft (GC) 3:30 Outdoor Walks (GC)		9:30 Café Visits 5 10:30 Restorative Visits 11:00 Creative Colouring 1:30 Birthday Party with Lou Perri, Aud 3:30 Cyber Calls <small>Cinco de Mayo</small>		9:30-11 Rehab Gym, RC 6 9:30 Sensory Circle 11:00 Active Game 10:30 Roman Catholic Mass, QS 1:30 Spiritual Reflections 2:00 True or False Trivia 3:30 1-1 Visits		Physiotherapy AM 7 9:30 Mix & Match 10:30 Chair Yoga, Aud 11:00 Sing a Long, L 1:30 Bingo Game, AR 3:00 Montessori Activities 3:00 Restorative Visits		Physiotherapy AM 8 9:30 Famous Mothers, L 11:00 Who / What Am I?L 1:30 Mother's Day Social, Aud 3:30 Friendly Visits		9 11:00 EZ Name That Tune (MD) 3:30 Mother's Day Chat & Poems on the Patio (MD)	
9:30 Hymn Sing & Hand Massage, L (MD) 10 11:00 Worship Service – Church of Christ 1:30 Remembering Songs About Mothers & Motherhood (MD) <small>Mother's Day National Skilled Nursing Care Week</small>		Physiotherapy AM 11 1-1 Music Therapy 10:30 Restorative Visits 11:15 Sparkling Specs 1:30 Manicures & Music 3:30 Large Dice Game 6:00 Short Stories		9:30 Café Visits 12 11:00 Bean Bag Toss 1:30 Sing Song with Maycourt Ladies & Clara, Aud 3:30 Cyber Calls 6:00 ROM & Relax		9:30-11 Rehab Gym, RC 13 9:30 Sensory Circle 11:00 Puzzles & Games 1:30 Spiritual Reflections 1:45 Creative Colouring 3:30 This Or That Game		Physiotherapy AM 14 9:30 Mix & Match 11:00 Anglican Communion, 11:05 Rosary, AR 1:30 Resident Council Meeting, Aud 1:45 Bingo, AR 3:00 Restorative Visits 3:15 Friendly Visits		Physiotherapy AM 15 9:30 Java Music, AR 11:00 Trivia Fun, L 1:30 Baking Fun, AR 2:30 Patio Walks & Garden Care		16 11:00 Name Ten Game, L (CR) 3:30 Patio Visits & Walks (CR) <small>Armed Forces Day</small>	
9:30 Hymn Sing & 17 Hand Massage, L (VA) 11:00 Worship Service – Church of Christ 1:30 Outdoor Patio Visits & Chat (VA)		VICTORIA DAY HOLIDAY 18 11:00 Queen Victoria Trivia & Quotes, L (KDi) 3:00 Music on the Patio (KDi) <small>Victoria Day (Canada)</small>		9:30 Café Visits 19 11:00 Calming Colouring 1:30 Entertainment with JoJo, Aud 3:30 Cyber Calls 6:00 ROM & Relax		10:00 Chair Yoga, Aud 20 9:30 Sensory Circle 11:00 Guessing Game 1:30 Spiritual Reflections 2:00 Baking Treats 3:30 Enjoying Our Treats & Visiting		Physiotherapy AM 21 9:30 Corn Hole Game, L 10:30 Painting with Olivia, Spruce AR 10:45 EZ Trivia, L 1:30 DROM Circle, Aud 3:00 Restorative Visits 3:00 Sing a Long, L <small>Shavuot Begins</small>		Physiotherapy AM 22 9:30 Warm Hand Warm Hearts 10:30 Where / What Am I? L 1:30 Outdoor Patio Time 3:00 Music in the lounge		23 11:00 Ball Toss Game (SM) 1:30 Entertainment with Andy D'Campos, Aud 3:30 Friendly Visits	
9:30 Hymn Sing & 24 Hand Massage, L 11:00 Worship Service – Church of Christ 1:30 Tea Time, L (SM)		Physiotherapy AM 25 1-1 Music Therapy 9:30 Garden Centre & Starbucks Outing 9:45 Is It Fast or Slow? (KDi) 10:30 Restorative Visits 1:30 Puzzles & Games 3:30 Fresh Air Fun <small>Memorial Day</small>		9:30 Café Visits 26 11:00 Montessori Games 1:30 Sing Song with Maycourt Ladies & Bruski, Aud 3:30 Cyber Calls 6:00 ROM & Relax		9:30-11 Rehab Gym, RC 27 11:00 Friendly Visits 1:30 Spiritual Reflections 2:00 Manicures & Music 3:30 Afternoon Art 6:00 Large Dice Game		Physiotherapy AM 28 9:30 Bread in Bread Maker 10:00 Gardening Group 11:00 Reminiscing, L 1:30 Men's Group 1:45 Outdoor Garden Time 3:00 Restorative Visits 3:30 Social & Enjoy Treats, L		Physiotherapy AM 29 9:30 EZ Trivia, L (DH) 10:45 Manicures & Music, AR (DH) 1:30 Ring Toss, L (DH) 3:30 Outdoor Patio Walks (SM)		30 11:00 Short Stories in the Lounge (MD) 3:30 Music on the Patio (MD)	
9:30 Hymn Sing & 31 Hand Massage, L (MD) 11:00 Worship Service – Church of Christ 1:30 Garden Walks (MD)		<h1>PINE</h1>											
KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L= Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, QS = Quite Space													

Programs on the calendar are subject to change. Please check your activity board daily for any updates...