

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

								Physiotherapy PM 1 9:30 Let's Get Physical, L 1:30 Bingo, AR (SM) 3:30 Welcome to May Chat & Trivia (SM) <small>May Day</small>		11:00 Spring Dice Game (DH) 2 3:00 Pipe Cleaner Flower Making (DH)			
9:30 St. Mary's Catholic Church Visits 3 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Game (DH)		1-1 Music Therapy 4 9:30 Café Visits (KDi) 2:00 Restorative Visits 3:00 Hand Therapy, L		Physiotherapy AM 5 11:00 Funny People, L 1:30 Birthday Party with Lou Perri, Aud 3:00 Cinco de Mayo, L <small>Cinco de Mayo</small>		9:30-11 Rehab Gym, RC 6 10:30 Roman Catholic Mass, QS 11:15 Sparkling Specs 1:30 Spiritual Reflections 2:15 Mother's Day Craft, AR 6:00 The Great Lakes Chat & Art		Physiotherapy PM 7 9:30 Manicures & Music 10:30 Chair Yoga, Aud 10:30 Restorative Visits 11:00 Afternoon Trivia 1:30 Active Game		Physiotherapy PM 8 9:30 Let's Get Physical, L 9:30 Java Music, AR 11:00 Creative Colouring 1:30 Mother's Day Social, Aud		11:00 Target Toss, L (DH) 9 3:00 Motherly Humour (DH)	
9:30 St. Mary's Catholic Church Visits 10 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Outdoor Famous Mother's Day Trivia (DH) <small>Mother's Day National Skilled Nursing Care Week</small>		1-1 Music Therapy 11 9:30 Café Visits 11:00 Reminisce, L 12:00 Diners Club: Swiss Chalet, Aud 2:00 Garden Prep Patio 2:00 Restorative Visits 3:00 Hand Therapy, L		Physiotherapy AM 12 9:30 Star of the Month 11:00 Have You Ever? 1:30 Sing Song with Maycourt Ladies & Clara, Aud 3:30 Short Stories, L		9:30-11 Rehab Gym, RC 13 11:15 Sparkling Specs 1:30 Spiritual Reflections 2:00 Plinko Game, L 6:00 Can you Guess Game? L		Physiotherapy PM 14 9:30 Hand Massages 11:00 Anglican Communion, QS 10:30 Restorative Visits 11:05 Rosary, AR 1:30 Resident Council Meeting, Aud 1:45 Patio Time 3:30 Trivia Thursday		Physiotherapy PM 15 9:30 Let's Get Physical, L 9:30 Manicures & Music 11:00 Water-colour Coffee Filter Flower Craft 1:30 Bingo, AR 3:30 1:1 Visits <small>Armed Forces Day</small>		11:00 The Story of Turtle Candy, L (KDi) 16 3:00 Giant Dice Game, L (KDi)	
9:30 St. Mary's Catholic Church Visits 17 9:30 Hymn Sing & Hand Massages, L (KDi) 11:00 Worship Service – Church of Christ 1:30 Patio Social (KDi)		VICTORIA DAY 18 11:00 Queen Victoria Trivia, L (DH) 3:00 Ring Toss, L (DH) <small>Victoria Day (Canada)</small>		Physiotherapy AM 19 9:30 Travel: Guatemala 11:00 Travel Trivia, L 1:30 Entertainment with JoJo, Aud 3:30 Outdoor Patio Visits		10:00 Chair Yoga, Aud 20 11:15 Sparkling Specs 1:30 Spiritual Reflections 2:15 Balloon –Stamped Poppies Craft, AR 6:00 Short Story in the Lounge		Physiotherapy PM 21 9:30 Manicures & Music 10:30 Restorative Visits 10:30 Painting with Olivia, Spruce AR 1:30 DROM Circle, Aud 1:45 Baking Rice Crispy Squares 3:30 Enjoy Our Baking On The Patio <small>Shavuot Begins</small>		Physiotherapy PM 22 9:30 Let's Get Physical, L 9:30 Java Music, AR 11:00 Creative Colouring 1:30 Bingo, AR 3:30 Finish The Saying		11:00 Plinko (DH) 23 1:30 Entertainment with Andy D'Campos, Aud	
9:30 St. Mary's Catholic Church Visits 24 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Game (DH)		1-1 Music Therapy 25 9:30 Garden Centre & Starbucks Outing 11:00 Who or What Am I? L 1:30 May Songs on the Patio 2:00 Restorative Visits 3:00 Hand Therapy, L <small>Memorial Day</small>		Physiotherapy AM 26 9:30 Inventions, L 11:00 Trivia Fun 1:30 Sing Song with Maycourt Ladies & Bruski, Aud 3:30 Outdoor Patio Visits		9:30-11 Rehab Gym, RC 27 11:15 EZ Trivia 1:30 Spiritual Reflections 2:15 Crafting /Crochet Corner 6:00 Classic Country Songs, L		Physiotherapy PM 28 9:30 Hand Massages 10:00 Gardening Group 10:30 Restorative Visits 11:00 Fill In The Blank Trivia 1:30 Men's Group 1:45 Active Game 3:30 Games & Puzzles		Physiotherapy PM 29 9:30 Let's Get Physical, L 9:30 Morning Visits 11:00 Dice Game 1:30 Bingo, AR 3:30 Patio Visits		11:00 Star of the Month 30 Clint Eastwood, L (GC) 3:00 Shake it Up Time & Music, L (GC)	
9:30 St. Mary's Catholic Church Visits 31 9:30 Hymn Sing & Hand Massages, L (GC) 11:00 Worship Service – Church of Christ 1:30 Card Games, AR(GC)		<h2>SPRUCE</h2>											
KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L= Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, QS = Quite Space													

Programs on the calendar are subject to change. Please check your activity board daily for any updates...