

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2026

						Physiotherapy AM 1 10:00 Sparkling Specs 10:30 Restorative Visits 11:00 Welcome to May Chat & Trivia, L 1:30 Bingo, AR 3:30 1:1 Connection Time <small>May Day</small>		2 9:30 Spring Dice Game (DH) 1:30 Pipe Cleaner Flowers (DH)	
9:30 St. Mary Catholic Church Visits 11:00 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 3:00 Spring Trivia (DH)	3 Physiotherapy AM 1-1 Music Therapy 11:00 Java Music, AR 1:30 Planting Seeds, AR 3:30 1:1 Connection Time	4 11:00 The Many Monikers of Mothers and Grandmothers, L 1:30 Birthday Party with Lou Perri, Aud 2:00 Restorative Visits 3:00 Hand Therapy, L <small>Cinco de Mayo</small>	5 Physiotherapy PM 9:30-11 Rehab Gym, RC 9:30 Café Visits 10:30 Roman Catholic Mass, QS 1:30 Spiritual Reflections 3:30 1:1 Virtual Visits	6 9:30 Manicures 9:30 Let's Get Physical, L 10:30 Chair Yoga, Aud 1:30 Plinko Game 2:30 1:1 Ipad Fun	7 Physiotherapy AM 10:00 Sparkling Specs 10:30 Restorative Visits 11:00 Word Games, L 1:30 Mother's Day Social, Aud 3:30 1:1 Connection Time	8 9:30 Plinko, L (DH) 1:30 Pipe Cleaner Flowers, AR (DH)	9		
9:30 St. Mary Catholic Church Visits 11:00 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 3:00 Mother's In Evolution (DH) <small>Mother's Day National Skilled Nursing Care Week</small>	10 Physiotherapy AM 1-1 Music Therapy 10:00 Daily Chronicles, L 12:00 Diner's Club – Swiss Chalet, Aud 2:00 Creative Crafts, AR 3:30 1:1 Connection Time	11 9:30 Plant Care 11:00 What's Your Verdict? L 1:30 Sing Song with Maycourt Ladies & Clara, Aud 2:00 Restorative Visits 3:00 Hand Therapy, L	12 Physiotherapy PM 9:30-11 Rehab Gym, RC 9:30 Café Visits 11:00 Armchair Travel: Guatemala, L 1:30 Spiritual Reflections 3:30 1:1 Virtual Visits	13 9:30 Manicures (DH) 9:30 Let's Get Physical, L 11:00 Anglican Communion, QS 1:30 Resident Council Meeting, Aud 1:45 True or Trouble? (DH) 3:30 Sing Song, L (SM) 6:00 Snakes & Ladders, L (SM)	14 Physiotherapy AM 10:00 Sparkling Specs 10:30 Restorative Visits 11:00 Word Games, L 1:30 Bingo, AR 3:30 1:1 Connection Time	15 9:30 The Story of Turtle Candy, L (KDi) 1:30 Giant Dice Game, L (KDi) <small>Armed Forces Day</small>	16		
9:30 St. Mary Catholic Church Visits 11:00 Hymn Sing & Hand Massages, L (KDi) 11:00 Worship Service – Church of Christ 3:00 Patio Social (KDi)	17 VICTORIA DAY 9:30 Washer Toss Game, L (DH) 1:30 Queen Victoria Trivia & Quotes, L (DH) <small>Victoria Day (Canada)</small>	18 9:30 Patio Clean Up 11:00 Turtle Trivia, L 1:30 Entertainment with JoJo, Aud 2:00 Restorative Visits 3:00 Hand Therapy, L	19 Physiotherapy PM 9:30 Café Visits 10:00 Chair Yoga, Aud 11:00 May Poetry, L 1:30 Spiritual Reflections 3:30 1:1 Virtual Visits	20 9:30 1-1 Reading (DH) 9:30 Let's Get Physical, L 10:30 Painting with Olivia, Spruce AR 11:00 Card Bingo (DH) 1:30 DROM Circle, Aud 1:45 Manicures, AR (DH) 3:30 Summer Colouring, AR (SM) 6:00 Giant Dice Game, AR (SM) <small>Shavuot Begins</small>	21 Physiotherapy AM 10:00 Sparkling Specs 10:30 Restorative Visits 11:00 Word Games, L 1:30 Bingo, AR 3:30 1:1 Connection Time	22 9:30 Jeopardy (DH) 1:30 Entertainment with Andy D'Campos, Aud	23		
9:30 St. Mary Catholic Church Visits 11:00 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 3:00 Music on the Patio	24 Physiotherapy AM 1-1 Music Therapy 9:30 Garden Centre & Starbucks Outing 11:00 Obie Interactive Games, AR 1:30 Baking, AR 3:30 Enjoy our Baking & Visits <small>Memorial Day</small>	25 9:30 Java Music, AR 11:00 Is It Fast or Slow? L 1:30 Sing Song with Maycourt Ladies & Bruski, Aud 2:00 Restorative Visits 3:00 Hand Therapy, L	26 Physiotherapy PM 9:30-11 Rehab Gym, RC 9:30 Café Visits 11:00 Remembering High School Graduation, L 1:30 Spiritual Reflections 3:30 1:1 Virtual Visits	27 9:30 Let's Get Physical, L 10:00 Gardening Group 1:30 Men's Group 1:45 Bean Bag Toss (DH) 2:30 1:1 Ipad Fun (DH) 3:30 Montessori Games (SM) 6:00 Travelogue, L (SM)	28 Physiotherapy AM 10:00 Sparkling Specs 10:30 Restorative Visits 11:00 Word Games, L 1:30 Bingo, AR 3:30 1:1 Connection Time	29 9:30 Star of the Month: Clint Eastwood, L (GC) 1:30 Shake it Up Time & Music, L (GC)	30		
9:30 St. Mary Catholic Church Visits 11:00 Hymn Sing & Hand Massages, L (GC) 11:00 Worship Service – Church of Christ 3:00 Reminiscing on the Patio (GC)	31 <h1 style="color: purple;">WILLOW</h1>								
KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L= Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, QS = Quite Space									

Programs on the calendar are subject to change. Please check your activity board daily for any updates...