

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

ASPEN

July 2026 ASPEN			HAPPY CANADA DAY 1  9:30 The History of “O Canada”, L (SM) 1:30 Ring Toss, AR (SM) Canada Day		2 Physiotherapy AM 9:30 Café Visits (RR) 11:00 Welcome to July Chat & Trivia, AR (RR) 1:30 Washer Toss, Link Garden (RR) 3:30 Canada Day True or False, AR (RR)		3 9:30 Manicures 11:00 Giant Crossword, AR 1:30 Group Outdoor Chit Chat 2:00 Restorative Visits 3:00 Hand Therapy		4 9:30 Visits from St. Mary’s Church 9:30 Jeopardy Trivia, L (MD) 1:30 Celebrating the Music of Mitch Miller, Sol.(MD) Independence Day (U.S.)				
5 11:00 Hymn Sing & Hand Massages, Sol. (MD) 11:00 Worship Service – Church of Christ 3:00 Star of the Month: Sylvester Stallone (MD)		6 1-1 Music Therapy Physiotherapy PM 9:30 Let’s Get Physical, Sol 11:15 1-1 Outdoor Visits 1:30 Canadian Bingo, Sol 3:30 Outdoor Visits & Garden Care 6:00 Great Canadian Artists, AR		7 Physiotherapy PM 11:00 The Write Word Game: Canada Edition, AR 1:30 Birthday Party with John Pebble, Aud 3:30 Cyber Calls & 1-1 Visits		8 9:30-11 Rehab Gym, RC 9:30 Who Am I? AR 10:30 Roman Catholic Mass, QS 11:00 Making Bracelets, Sol 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts		9 Physiotherapy AM 9:30 Café Visits 11:00 Rosary, Sol 1:30 Resident Council Meeting, Aud 1:45 Java Music, Sol 3:30 Obie Interactive Game, Sol		10 9:30 Manicures (GC) 11:00 Short Stories, AR (KDi) 2:00 Restorative Visits 3:00 Hand Therapy		11 9:30 Visits from St. Mary’s Church 9:30 Creative Colouring (EH) 1:30 Outdoor Visits (EH)	
12 11:00 Hymn Sing & Hand Massages, AR (EH) 11:00 Worship Service – Church of Christ 3:30 Manicures in the Link Garden (EH)		13 1-1 Music Therapy 9:30 Let’s Get Physical, Sol 11:00 Find the Fakes, L (LW) 1:30 Horseshoes (LW) 3:30 Plant Care (LW)		14 9:30 Sparkling Specs(LW) 11:00 Daily Chronicles (LW) 1:30 Entertainment with Peter Marangi, Aud 3:30 Cyber Calls & 1-1 Visits Bastille Day		15 9:30-11 Rehab Gym, RC 9:30 Canada Or The U.S, Trivia, AR (LW) 11:00 Outdoor Group Chit Chat (LW) 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts (LW)		16 9:00 1-1 Montessori (MV) 9:30 Café Visits (MV) 11:00 Name Five Trivia, (MV) 1:30 What Am I, Link Garden (MV) 2:30 Garden Care (MV) 3:30 Giant Dice, AR (MV)		17 9:30 Heritage Park Outing 11:00 Canada or the US?, AR (KDi) 1:30 Creative Coloring, Sol (LW) 2:00 Restorative Visits 3:00 Hand Therapy		18 9:30 Visits from St. Mary’s Church 9:30 Finish the Song Lyrics, L (MD) 1:30 Reminiscing with Walking Songs (MD)	
19 11:00 Hymn Sing & Hand Massages, Sol. (MD) 11:00 Worship Service – Church of Christ 3:00 Remembering Don Knotts (aka Barney Fife), (MD)		20 1-1 Music Therapy Physiotherapy PM 9:30 Let’s Get Physical, Sol 11:15 1-1 Outdoor Visits 1:30 Ice Cream Making, Sol 3:30 Rosary, Sol 6:00 Remembering Johnny Mercer, AR		21 Physiotherapy PM 9:30 Hand Bells, AR 11:00 Things That Are Red & White AR 1:30 Entertainment with Bob Cook, Aud 3:30 Cyber Calls & 1-1 Visits		22 9:30-11 Rehab Gym, RC 9:30 1-1 Reminisce (RR) 11:00 Finish The Line, L(RR) 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts (RR) 6:30 Pub Night with Terry Chisholm, Aud		23 Physiotherapy AM 9:30 Café visits (DH) 10:30 Painting with Olivia, Spruce AR 11:00 The Gossip Gazette (DH) 1:30 Men’s Group 1:45 Build a Bug (DH) 3:30 1:1 Visits and Walks		24 9:30 Manicures (LW) 11:00 Armchair Travel: Ye Olde Williamsburg (KDi) 2:00 Restorative Visits 3:00 Hand Therapy		25 9:30 Visits from St. Mary’s Church 9:30 Chicken Soup for the Soul Stories (VA) 1:30 Trivia (VA)	
26 11:00 Hymn Sing & Hand Massages, Sol. (MD) 11:00 Worship Service – Church of Christ 3:00 Ice Cream Social (MD)		27 1-1 Music Therapy Physiotherapy PM 9:30 Let’s Get Physical, Sol 10:00 Write Five, L (GC) 1:30 Plant Care (LW) 3:30 Montessori Activities (LW) 6:30 Simcoe County Band, Aud		28 Physiotherapy PM 9:30 Butterfly Craft, Sol 11:00 Butterfly Chat, AR 1:30 Popsicles on the Patio 3:30 Cyber Calls & 1-1 Visits		29 9:30-11 Rehab Gym, RC 9:30 Canadian Travelogue, AR (LW) 11:00 Memorial Service, SS 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts (LW)		30 FRIENDSHIP DAY Physiotherapy AM 9:30 Café Visits 11:00 Hand Bells 11:00 Rosary, SS 1:30 DROM Circle, Aud 1:45 Obie Interactive Game, Sol 3:30 Listening to Music in the Link Garden		31 9:30 Crossword Fun, AR (DH) 11:00 The Write Word Game, L (DH) 1:30 Manicures (DH) 2:00 Restorative Visits 3:00 Hand Therapy		KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L= Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, SS = Sacred Space	

Programs on the calendar are subject to change. Please check your activity board daily for any updates.