

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

SPRUCE

July 2026					HAPPY CANADA DAY 1					2					3					4																				
																																								
					11:00 The History of “O Canada”, L (DH) 3:00 Ring Toss Game, L (DH) Canada Day					Physiotherapy PM 9:30 Centennial Beach Outing 10:30 Restorative Visits 1:30 Garden Care & Patio Visits 3:30 Card Games, AR					Physiotherapy PM 9:30 Let’s Get Physical 9:30 1:1 Manicures (LW) 11:00 Famous Canadian Landmarks, L (LW) 1:30 Bingo, AR (LW) 3:30 Music on the patio (SM)					11:00 Great Canadian Artists , L (GC) 3:00 Lemonade in the Shade Social, Patio (GC) Independence Day (U.S.)																				
9:30 St. Mary’s Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (GC) 11:00 Worship Service – Church of Christ 1:30 Euchre Game, AR (GC)					5	1-1 Music Therapy 9:30 Café Visits (LW) 11:00 Merci Canada!, L (LW) 1:30 Giant Crossword Fun, L (LM) 2:00 Restorative Visits 3:00 Hand Therapy 3:30 Friendly Visits					6	Physiotherapy AM 11:00 Patio Garden Care 1:30 Birthday Party with John Pebble, Aud 3:30 Friendly Visits					7	9:30-11 Rehab Gym, RC 10:30 Roman Catholic Mass, QS 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:00 Horseshoe Game, L 6:00 Reminiscing, L					8	Physiotherapy PM 9:30 Daily Chronicles, L 10:30 Restorative Visits 11:00 Rosary, L 1:30 Resident Council Meeting, Aud 1:45 Walks to Cafe 3:00 RV Trips, L					9	Physiotherapy PM 9:30 Let’s Get Physical 11:00 Manicures & Chat 1:30 Bingo, AR 3:30 Sports Updates- FIFA					10	11:00 The Gossip Gazette (DH) 3:00 Patio Time and Music (DH)				
9:30 St. Mary’s Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Card Game (DH)					12	1-1Music Therapy 9:30 Café Visits 11:00 Jeopardy Trivia, L 1:30 Garden Care 2:00 Restorative Visits 3:00 Hand Therapy 3:30 Friendly Visits					13	9:30 Scenic Travels, L 11:00 Patio Garden Care 1:30 Entertainment with Peter Marangi, Aud 3:30 Ponder These, L Bastille Day					14	9:30-11 Rehab Gym, RC 11:15 1:1 Walks 1:30 Spiritual Reflections 3:00 Name That Tune, L 6:00 Ring Toss Game, L					15	9:30 Java Music , AR 10:30 Restorative Visits 11:00 What & Where Am I?,L 1:30 Manicures & Chats 3:30 Music on Patio					16	9:30 Heritage Park Outing 9:30 Let’s Get Physical 1:30 Bingo, AR 3:30 Patio Visits					17	11:00 Finish the Line, L (CR) 3:00 Garden Care & Patio Visits, (CR)				
9:30 St. Mary’s Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (CR) 11:00 Worship Service – Church of Christ 1:30 Washer Toss Game, L (CR)					19	1-1 Music Therapy 9:30 Café Visits 11:00 Reminiscing Stories, L 12:00 Spruce Diners Club 1:45 Summer Sing Along, L 2:00 Restorative Visits 3:00 Hand Therapy 3:30 Friendly Visits					20	Physiotherapy AM 9:30 Picture This Quiz, L 11:00 Patio Garden Care 1:30 Entertainment with Bob Cook, Aud 3:30 1:1 Walks					21	9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 1:30 Spiritual Reflections 2:30 Baking Fun, AR 6:30 Pub Night with Terry Chisholm, Aud					22	Physiotherapy PM 9:30 1-1 Visits 10:30 Restorative Visits 10:30 Painting with Olivia, Spruce AR 1:30 Men’s Group 1:45 The Sound of the Drum and Fife 3:30 Plant Care & Patio Visits					23	Physiotherapy PM 9:30 Let’s Get Physical 11:00 EZ Trivia, L (LW) 1:30 Bingo, AR (LW) 3:30 Music in the lounge (LW)					24	11:00 Plinko, L (DH) 3:00 Outdoor Visits and Music (DH)				
9:30 St. Mary’s Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Game, AR (DH)					26	1-1 Music Therapy 11:00 1:1 Walks/Visits 1:30 Star of the Month, Sylvester Stallone, L 2:00 Restorative Visits 3:00 Hand Therapy 3:30 Friendly Visits 6:30 Simcoe County Band, Aud					27	Physiotherapy AM 9:30 Creative Painting, AR 11:00 Who/What Am I?, L 1:30 Ice Cream Cones on the Patio 3:30 Friendly Visits					28	9:30-11 Rehab Gym, RC 9:30 Travel East Chat, L 11:00 Memorial Service, SS 1:30 Spiritual Reflections 2:30 The Write Word Game. L 3:45 Friendly Visits					29	FRIENDSHIP DAY Physiotherapy PM 9:30 Java Music, AR 10:30 Restorative Visits 11:00 Rosary, SS 11:00 Name Five Trivia, L 1:30 DROM Circle, Aud 3:00 Remember When, L					30	Physiotherapy PM 9:30 Let’s Get Physical 9:30 1:1 Cards/Games, AR (LW) 11:00 Fill in the Blanks, L (LW) 1:30 Bingo, AR (LW) 3:30 Manicures (LW)					31	KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L= Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, SS = Sacred Space				

Programs on the calendar are subject to change. Please check your activity board daily for any updates.