

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 						
11:00 Worship Service 2 – Church of Christ 11:00 Hymn Sing & Hand Massages (LW) 3:00 At the Movies, L (LW)	CIVIC HOLIDAY 9:30 August Chat, L(GC) 1:30 Funny People, L(GC)	3 Physiotherapy PM 11:00 August Trivia, AR (LW) 1:30 Birthday Party with Jeremiah Hill, Aud 3:30 Cyber Calls & 1-1 Visits (LW)	4 9:30 1-1 Rehab Gym, RC 9:30 Good News Stories, AR 10:30 Roman Catholic Mass, QS 11:00 Outdoor Social (CF) 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts (CF)	5 Physiotherapy AM 9:30 Café Visits 11:00 Obie Interactive Game, Sol 1:30 Bowling, Aud 3:30 Rosary, Sol	6 9:30 Manicures (CF) 11:00 Sunshine and Sunflowers (CF) 2:00 Restorative Visits 3:00 Hand Therapy	7 9:30 Visits from St. Mary's Church 9:30 Jeopardy Trivia, L (GC) 1:30 Reminiscing, L (GC)
11:00 Worship Service 9 – Church of Christ 11:00 Hymn Sing & Hand Massages, L (CR) 3:00 Outdoor Chit Chat (CR)	10 1-1 Music Therapy Physiotherapy PM 9:30 Let's Get Physical, L 11:15 1-1 Sparkling Specs 1:30 Making Ice Cream 3:30 Outdoor Visits & Garden Care 6:00 Sunshine Songs, AR	11 Physiotherapy PM 11:00 Ball Toss, AR 1:30 Entertainment with Jeff Pearson, Aud 3:00 Cyber Calls & 1-1 Visits	12 9:30 1-1 Rehab Gym, RC 9:30 Summer Craft, AR (CF) 11:00 Outdoor Social (CF) 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts (CF)	13 Physiotherapy AM 9:30 Café Visits 11:00 Anglican Communion, SS 11:00 Remembering a Day on the Lake, AR 12:00 Diner's Club, Aud 2:15 Java Music 3:30 Manicures & Music, AR	14 9:30 Giant Crossword, AR (LW) 11:00 Washer Toss, AR (LW) 2:00 Restorative Visits 3:00 Hand Therapy	15 9:30 Visits from St. Mary's Church 9:30 Giant Dice Game, AR (CR) 1:30 What Am I? AR (CR)
11:00 Hymn Sing & Hand Massages, L (KDi) 11:00 Worship Service – Church of Christ 3:00 Sunshine & Citrus Trivia, L (KDi)	16 1-1 Music Therapy Physiotherapy PM 9:30 Let's Get Physical, L 10:30 Painting with Olivia, Spruce AR 11:15 1-1 Walks 1:30 Outdoor Bubble Fun 3:30 Sensory Bingo, AR 6:00 Summer Vacation Disasters, AR	17 Physiotherapy PM 9:30 Hand Bells, AR 11:00 Name 5 Items, AR 1:30 Entertainment with Jamie Drake, Aud 3:30 Cyber Calls & 1-1 Visits	18 9:15 Elmvale Zoo Outing 9:30 1-1 Rehab Gym, RC 11:00 Outdoor Social (CF) 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts (CF)	19 Physiotherapy AM 11:00 Rosary, SS 1:30 Men's Group 3:30 Daily Chronicles, L (CF)	20 9:30 Manicures (CF) 11:00 Armchair Travel (CF) 1:30 Plant Care & Visits (CF) 2:00 Restorative Visits 3:00 Hand Therapy	21 9:30 Visits from St. Mary's Church 9:30 Morning Movement (EH) 1:30 Outdoor Visits & Garden Care (EH)
11:00 Worship Service - Church of Christ 11:00 Hymn Sing & Hand Massages, L (EH) 3:30 Manicures on the Patio (EH)	23 1-1 Music Therapy Physiotherapy PM 9:30 Let's Get Physical, L 3:00 Snakes & Ladders Game, AR (GC)	24 HAT DAY Physiotherapy PM 9:30 Obie Interactive Game 11:00 Hat Chat & Trivia, AR 1:30 Entertainment with JoJo, Aud 3:30 Cyber Calls & 1-1 Visits	25 9:30 1-1 Rehab Gym, RC 9:30 Dog Days Word Game, L (KDi) 1:30 Spiritual Reflections 3:00 Restorative Visits 3:15 Top Music Favourites, (GC)	26 Physiotherapy AM 9:30 Café Visits 11:00 Montessori Story: 1:30 DROM Circle, Aud 1:45 Java Music 3:30 Manicures & Music, AR	27 9:30 CNE Chat, AR (GC) 2:00 Restorative Visits 3:00 Hand Therapy	28 9:30 Visits from St. Mary's Church 9:30 Bean Bag Toss, AR (VA) 1:30 Finish Lines, AR (VA)
11:00 Hymn Sing & Hand Massages, L (KDi) 11:00 Worship Service – Church of Christ 3:00 The Write Word Game: Go Outdoors, L (KDi)	30 1-1 Music Therapy Physiotherapy PM 9:30 Let's Get Physical, L 3:00 Melon Category Word Game, AR (GC)	31	 ASPEN  KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L = Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, SS = Sacred Space			

Programs on the calendar are subject to change. Please check your activity board daily for any updates.