

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 August 2026 						1 11:00 Finish the Line, L(GC) 3:30 Walks Outdoors (GC)
2 11:00 Worship Service – Church of Christ 9:30 Hymn Sing & Hand Massages, L(LW) 1:30 Sing Along in the Garden (LW)	CIVIC HOLIDAY 3 11:00 August Reminisce/Chat, L (GC) 3:00 Funny People, L (GC)	4 9:30 Café Visits 11:00 Creative Colouring 1:30 Birthday Party with Jeremiah Hill, Aud 3:30 Manicures & Music 6:00 ROM & Relax, L	5 9:30-11:00 Rehab Gym, RC 10:30 Roman Catholic Mass, QS 1:30 Spiritual Reflections 1:45 1-1 Visits & Sparkling Specs 3:30 Darts 6:30 Pub Night with Chris Robinson, Aud	6 Physiotherapy AM 9:30 Bingo, AR 11:00 Math Games 1:30 Bowling, Aud 3:00 Restorative Visits 3:30 Cyber Calls	7 Physiotherapy AM 9:30 Active Games 11:00 Nurture Therapy 1:30 Summer Sing Along on the Patio 3:30 Making Bracelets	8 11:00 Montessori Activities (CR) 3:30 Music on the Patio (CR)
9 11:00 Worship Service – Church of Christ 9:30 Hymn Sing & Hand Massages, L (CR) 1:30 Outdoor Walks (CR)	10 1-1 Music Therapy Physiotherapy AM 10:30 Restorative Visits 11:15 Water the Garden 1:30 Baking Brookies (Brownies/Cookies Combined) 3:30 Enjoying our Treats & Visiting on the Patio 6:00 Relaxing Hand Massages	11 10:30 Restorative Visits 11:00 Chutes & Ladders 1:30 Entertainment with Jeff Pearson, Aud 3:30 Beaded Sun Catcher Craft	12 9:30-11:00 Rehab Gym, RC 9:30 Creative Colouring 11:00 Nurture Therapy 1:30 Spiritual Reflections 1:45 1-1 Visits & Sparkling Specs 3:30 Darts	13 Physiotherapy AM 9:30 Bingo, AR 11:00 Sorting & Folding 11:00 Anglican Communion, SS 12:00 Diners Club 2:00 Garden Walks 3:00 Restorative Visits 3:30 Cyber Calls	14 9:30 Morning Music & Hand Massages 11:00 Dice Game 1:30 Patio Time & Garden Care 3:30 Manicures & Music	15 11:00 Games/Puzzles (CR) 3:30 Water the Garden & Outdoor Walks (CR)
16 9:30 Hymn Sing & Hand Massages, L (KDi) 11:00 Worship Service – Church of Christ 1:30 Music on the Patio (KDi)	17 1-1 Music Therapy Physiotherapy AM 9:30 Java Group (KDi) 10:30 Restorative Visits 10:30 Painting with Olivia, Spruce AR 11:00 Obie Games (KDi) 1:30 Montessori Activities (KDi) 3:00 Music on Patio & Walks	18 9:30 Garden Care (KDi) 11:00 White Board Fun, L (KDi) 1:30 Entertainment with Jamie Drake, Aud 3:30 Patio Social (KDi) 6:00 ROM & Relax, L	19 9:15 Elmvale Zoo Outing 9:30-11:00 Rehab Gym, RC 9:30 Manicures & Music 11:00 Movement on the Patio 1:30 Spiritual Reflections 1:45 1-1 Visits & Sparkling Specs 3:30 Darts	20 Physiotherapy AM 9:30 Bingo, AR 11:00 Games/Puzzles 11:00 Rosary, SS 1:30 Men's Group 1:45 1-1 Chats & Garden Visits 3:00 Restorative Visits 3:30 Cyber Calls	21 Physiotherapy AM 9:30 Creative Creations (KDi) 11:00 CNE Chat (KDi) 1:30 Cheers to Lemonade (KDi) 3:30 Garden Care (CF)	22 11:00 Nurture Therapy (EH) 3:30 Pampering on the Patio (EH)
23 11:00 Worship Service – Church of Christ 9:30 Hymn Sing & Hand Massages (EH) 1:30 Garden Walks & Outdoor Visits (EH)	24 1-1 Music Therapy Physiotherapy AM 10:30 Restorative Visits 11:15 Watering the Garden 1:30 Making Homemade Birdfeeders 3:30 Hanging our Bird feeders & Outdoor Visit	HAT DAY 25 9:30 Café Visits 11:00 Sorting & Folding 1:30 Entertainment with JoJo, Aud 3:30 Manicures & Music on the Patio 6:00 ROM & Relax, L	26 9:30-11:00 Rehab Gym, RC 9:30 Morning Movement on the Patio 11:00 Creative Colouring 1:30 Spiritual Reflections 3:30 Darts	27 Physiotherapy AM 9:30 Bingo, AR 11:00 Nurture Therapy 1:30 DROM Circle, Aud 1:45 1-1 Visits & Garden Strolls 3:00 Restorative Visits 3:30 Cyber Calls	28 Physiotherapy AM 9:30 Beaded Butterfly Craft 11:00 1-1 Outdoor Walks 1:30 Baking Strawberry Lemon Blondie's 3:30 Enjoying our Treats & Visiting	29 11:00 Games/Puzzles (VA) 3:30 Outdoor Visits (VA)
30 9:30 Hymn Sing & Hand Massages, L (KDi) 11:00 Worship Service – Church of Christ 1:30 Music on the Patio (KDi)	31 1-1 Music Therapy Physiotherapy AM 9:30 Darts 10:30 Restorative Visits 11:00 Creative Colouring 1:30 Manicures & Music on the Patio 3:30 Outdoor Visits & Garden Care	 PINE  KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L = Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, SS = Sacred Space				

Programs on the calendar are subject to change. Please check your activity board daily for any updates.