

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ASPEN KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L= Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, SS = Sacred Space		1:30 Birthday Party with music by Bill Dickenson, Aud 3:15 Daily Chronicles, AR (GC)	1 9:30-11 Rehab Gym, RC 9:30 Welcome to September Chat & Trivia (KDi) 10:30 Roman Catholic Mass, Aud 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts, AR (GC)	2 Physiotherapy AM 11:00 Sports Trivia, L (GC) 1:30 DROM, Aud 1:30 Resident Council Meeting, SS 1:45 Word Games (KDi)	3 9:30 70s Stickman Game, AR (GC) 2:00 Restorative Visits 3:00 Hand Therapy	4 9:30 Visits from St. Mary's Church 9:30 Giant Dice, AR (LV) 1:30 My Hilarious Job History, AR (LV)
11:00 Hymn Sing & Hand Massages, AR (LV) 11:00 Worship Service – Church of Christ 3:00 Labor Day Trivia, AR (LV)	6 LABOUR DAY 9:30 Work Related Finish Lines, AR (LV) 1:30 Washer Toss, AR (LV) Labor Day	7 9:30 Back to School Montessori Story, AR 11:00 School Days Trivia, AR 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 Cyber Calls & 1-1 Visits	8 9:30-11 Rehab Gym, RC 9:30 Best Books & Authors, L (GC) 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts, AR (GC)	9 Physiotherapy AM 9:30 Café Visits 11:00 Anglican Communion, SS 1:30 Java Music, AR 3:30 Outdoor Visits & Garden Care	10 9:30 Morning Music & Hand Massages 11:00 Board Games 1:30 Manicures 2:00 Restorative Visits 3:00 Hand Therapy 3:30 Outdoor Visits Rosh Hashanah Begins	11 9:30 Visits from St. Mary's Church 9:30 Ball Toss, AR (CR) 1:30 Outdoor Visits & Garden Care (CR)
11:00 Hymn Sing & Hand Massages, AR (GC) 11:00 Worship Service – Church of Christ 3:00 History of Grandparents Day, AR (GC) Grandparents Day	13 RESIDENT COUNCIL WEEK 1-1 Music Therapy Physiotherapy PM 9:30 Let's Get Physical 11:15 1-1 Garden Care 1:00-3 Ice Cream Truck 3:30 Knitting/Wool Winding, AR 6:00 Songs of School	14 Physiotherapy PM 9:30 Obie Interactive Game, AR 11:00 Teach Category Word Game, AR 1:30 Music with Eric Kidd, Aud 3:30 Cyber Calls & 1-1	15 9:30-11 Rehab Gym, RC 9:30 Manicures & Music, AR(RR) 11:00 1970s Trivia (RR) 1:30 Spiritual Reflections (RR) 3:30 Darts, AR (RR)	16 Physiotherapy AM 9:30 Café Visits (GC) 11:00 Rosary, SS 3:30 Local Farm Chat, AR (GC)	17 9:30 Life on the Farm, Montessori Story, AR (GC) 10:30 Painting with Olivia, Spruce AR 2:00 Restorative Visits 3:00 Hand Therapy	18 9:30 Visits from St. Mary's Church 9:30 Fall Word Game, AR (LV) 1:30 Horseshoes, AR, (LV) Oktoberfest Begins
11:00 Hymn Sing & Hand Massages, AR (LV) 11:00 Worship Service – Church of Christ 3:00 Giant Dice, AR(LV) Yom Kippur Begins	20 1-1 Music Therapy Physiotherapy PM 9:30 Let's Get Physical 11:15 Sparkling Specs 1:30 Fall Craft, AR 3:30 Card Bingo, AR 6:00 70's TV Character Guess Who?, AR	21 Physiotherapy PM 9:30 Remembering the Glories of Fall, AR 11:00 Would You Rather, Autumn Edition, AR 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 Cyber Calls & 1-1 Autumn Begins	22 9:30 Terry Fox Walk & Café Social 1:30 Spiritual Reflections 3:30 Terry Fox Story, AR (GC)	23 Physiotherapy AM 8:00 Men's Breakfast, Aud 11:00 Remembering Apple Picking, AR 1:30 Bingo, AR 2:30 Creative Colouring, AR	24 9:30 70's Trivia, AR (GC) 2:00 Restorative Visits 3:00 Hand Therapy Sukkot Begins	25 9:30 Visits from St. Mary's Church 9:30 Ball Toss, AR (CR) 1:30 What Am I, AR (CR)
11:00 Hymn Sing & Hand Massages, AR (CR) 11:00 Worship Service – Church of Christ 3:00 Corn Hole Game, AR (CR)	27 1-1 Music Therapy Physiotherapy PM 9:30 Let's Get Physical 11:15 Sparkling Specs 1:30 Java Music, AR 3:30 Rosary, SS 6:00 Remembering 1970's Hits, AR	28 Physiotherapy PM 9:30 Obie Interactive Game, AR 11:00 Giant Crossword, AR 1:30 Music with Lou Perri, Aud 3:30 Cyber Calls & 1-1s	29 ORANGE SHIRT DAY 9:30-11 Rehab Gym, RC 9:30 Manicures & Music, AR 11:00 Giant Dice, AR 1:30 Spiritual Reflections 3:00 Restorative Visits 3:30 Darts, AR	30		

September 2026

Programs on the calendar are subject to change. Please check your activity board daily for any updates.