

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
PINE KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L= Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, SS = Sacred Space		10:30 Restorative Visits 11:00 Welcome to September Chat & Trivia 1:30 Birthday Party with music by Bill Dickenson, Aud 3:30 Patio Visits & Garden Care	9:30-11:00 Rehab Gym 10:30 Roman Catholic Mass, Aud 11:00 Daily Chronicles 1:30 Spiritual Reflections 3:00 1-1 Walks	3 Physiotherapy AM 9:30 Manicures 11:00 Star of the Month: John Travolta 1:30 DROM, Aud 1:30 Resident Council Meeting, SS 3:00 Restorative Visits 3:30 1-1 Cyber Calls	4 Physiotherapy AM 11:00 Labour Day Sing-a-Long 3:30 Occupational Wheel of Fortune	5 11:00 Would You Rather: Labour Day Edition (LV) 3:00 Bean Bag Toss Game (LV)
6 9:30 Hymn Sing & Hand Massages, L (LV) 11:00 Worship Service – Church of Christ 1:30 Stories on the Patio (LV)	7 LABOUR DAY 11:00 Five Clues: What Job Is It? (LV) 3:00 Patio Social (LV) Labor Day	8 9:30 Café Visits 11:00 Obie Games, AR 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 Patio Visits & Garden Care 6:00 ROM & Relax	9 9:30-11:00 Rehab Gym 11:00 Java Music, AR 1:30 Spiritual Reflections 3:00 Back to School Reminiscing	10 Physiotherapy AM 9:30 Crafting Fun, AR 11:00 Anglican Communion, SS 1:30 Card Bingo 3:00 Restorative Visits 3:30 1-1 Cyber Calls	11 Physiotherapy AM 9:30 Creative Colouring 11:00 Finish the Line 1:30 Manicures & Music 3:30 Outdoor Visits & Music Rosh Hashanah Begins	12 11:00 History of Grandparents Day Chat (CR) 3:00 Corn Hole Game (CR)
13 9:30 Hymn Sing & Hand Massages, L (GC) 11:00 Worship Service – Church of Christ 1:30 70s Music Sing a Long, L (GC) Grandparents Day	14 RESIDENT COUNCIL WEEK 1-1 Music Therapy Physiotherapy AM 9:30 Sensory Circle 10:30 Restorative Visits 11:00 Armchair Travel: Meet Me in Montreal 1-3:00 Ice Cream Truck 3:30 1-1 Visits	15 9:30 Café Visits 11:00 Montessori Activities 1:30 Music with Eric Kidd, Aud 3:30 Patio Visits & Garden Care	16 9:30-11:00 Rehab Gym 9:30 Manicures 11:00 Daily Chronicles 1:30 Spiritual Reflections 3:00 Giant Dice Game	17 Physiotherapy AM 9:30 Baking Bread, AR 11:00 Rosary, SS 11:00 Trivia 3:00 Enjoy Our Bread & Visits 3:00 Restorative Visits 3:30 1-1 Cyber Calls	18 Physiotherapy AM 9:30 Bingo 10:30 Painting with Olivia, Spruce AR 11:00 1-1 Visits 1:30 Baking Oatmeal Chocolate Chip Cookies 3:30 Enjoying our Baking on the Patio Oktoberfest Begins	19 11:00 All About Oktoberfest (LV) 3:00 Washer Toss Game (LV)
20 9:30 Hymn Sing & Hand Massages, L (LV) 11:00 Worship Service – Church of Christ 1:30 Sing Along with Suzie Q, L (LV) Yom Kippur Begins	21 1-1 Music Therapy Physiotherapy AM 9:30 Knitting Group 10:30 Restorative Visits 11:00 Fall Poems 1:30 Apple Cider Social 3:30 Fall Decorating	22 9:30 Café Visits 11:00 Obie Games, AR 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 Patio Visits & Garden Care Autumn Begins	23 9:30 Terry Fox Walk & Café Social 1:30 Spiritual Reflections 3:30 The Story of Terry Fox	24 Physiotherapy AM 8:00 Men's Breakfast, Aud 11:00 How Deep Is Your Love for the Bee Gees? 1:30 Colouring Fall Leaves 3:00 Restorative Visits 3:30 1-1 Cyber Calls	25 Physiotherapy AM 9:30 Can You Picture This? 11:00 Java Music, AR 1:30 Manicures & Music 3:30 Outdoor Visits & Music Sukkot Begins	26 11:00 1970s Trivia (CR) 3:00 Ring Toss Game (CR)
27 9:30 Hymn Sing & Hand Massages, L (CR) 11:00 Worship Service – Church of Christ 1:30 Chicken Soup for the Soul Stories (CR)	28 1-1 Music Therapy Physiotherapy AM 10:30 Restorative Visits 11:15 Sparkling Specs 1:30 Card Bingo 3:30 Guess the Far-Out Foods of the 1970s 6:00 Reminiscing	29 9:30 Cafe Visits 11:00 Target Toss Game 1:30 Music with Lou Perri, Aud 3:30 Patio Visits & Garden Care 6:00 ROM & Relax	30 ORANGE SHIRT DAY 9:30-11:00 Rehab Gym 9:30 Manicures 11:00 Nurture Therapy 1:30 Spiritual Reflections 3:30 Montessori Activities	September 2026		

Programs on the calendar are subject to change. Please check your activity board daily for any updates.