

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SPRUCE KEY: P = Pine, S = Spruce, W = Willow, A = Aspen, L= Lounge, AR = Activity Room, Aud. = Auditorium, RC= Rehab Ctr, Sol.=Solarium, SS = Sacred Space		1 11:00 Daily Chronicles, L 1:30 Birthday Party with music by Bill Dickenson, Aud	2 9:30-11 Rehab Gym, RC 10:30 Roman Catholic Mass, Aud 11:00 The Life of Spice, L 1:30 Spiritual Reflections 2:15 Snakes & Ladder Game, L	3 Physiotherapy PM 9:30 Coffee Social, AR 10:30 Restorative Visits 1:30 DROM Circle, Aud 1:30 Resident Council Meeting, SS	4 Physiotherapy PM 11:00 70's Stickman Game, L 9:30 Let's Get Physical 1:30 Bingo, AR 3:30 Friendly Visits	5 11:00 Would You Rather, Labour Day Edition, L (DH) 3:00 Ring Toss Game, L (DH)
6 9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Card Game (DH)	7 LABOUR DAY 11:00 Five Clues, L (DH) 3:00 Labour Day Sing A long, L (DH) Labor Day	8 9:30 Baking: Coffee Cake, AR 10:45 Social & Reminisce 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 School Days Trivia	9 9:30-11 Rehab Gym, RC 11:00 White Board Fun, L 1:30 Spiritual Reflections 2:30 What's Your Story?	10 Physiotherapy PM 9:30 New York Times Crossword, L 10:30 Restorative Visits 11:00 Anglican Communion, SS 11:05 Manicures & Chat 1:30 Tie Dye Fun, AR	11 Physiotherapy PM 9:30 Puzzles & Colouring, AR (LV) 9:30 Let's Get Physical 11:00 Crossword Fun, L (LV) 1:30 Bingo, AR (LV) 3:30 Friendly Visits/Walks(LV) Rosh Hashanah Begins	12 11:00 History of Grandparents Chat, 3:00 EZ Trivia Challenge, L
13 9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (TB) 11:00 Worship Service – Church of Christ 1:30 Active Game: Ring Toss, L (TB) Grandparents Day	14 RESIDENT COUNCIL WEEK 1-1 Music Therapy 9:30 Short Stories, L (LV) 1:00-3 Ice Cream Truck 2:00 Restorative Visits 3:00 Hand Therapy 3:30 Music in the Lounge, (LV)	15 Physiotherapy AM 9:30 Easy Trivia, L (EH) 11:00 Creative Colouring, AR (EH) 1:30 Music with Eric Kidd, Aud 3:30 Board Games, AR(EH)	16 9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:00 Active Game: Darts, L 6:00 Java Music Club, AR	17 Physiotherapy PM 10:30 Restorative Visits 11:00 Rosary, SS 11:05 Have You Ever?, L 1:30 Greatest Hits Sing a Long, L	18 Physiotherapy PM 9:30 Let's Get Physical 10:30 Painting with Olivia, Spruce AR 1:30 Bingo, AR 3:30 Manicures & Chat	19 11:00 "Fall" White Board Words, L(DH) 3:00 Plinko Game, L (DH) Oktoberfest Begins
20 9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Card Game (DH) Yom Kippur Begins	21 1-1 Music Therapy 9:30 Café Visits 11:00 Lunch Prep 12:00 Farm to Table Lunch Club, AR 2:00 Restorative Visits 3:00 Hand Therapy 3:30 Decorate for Fall	22 Physiotherapy AM 9:30 Java Music Club, AR 11:00 At the Movies, L 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 Outdoor Visits Autumn Begins	23 9:30 Terry Fox Walk Café Social 1:30 Spiritual Reflections 2:45 Terry Fox Story & Chat, L	24 Physiotherapy PM 8:00 Men's Breakfast, Aud 10:30 Restorative Visits 11:00 Oktoberfest Chat & Trivia, L 1:45 Oktoberfest "Beer" Social, L	25 Physiotherapy PM 9:30 Let's Get Physical 11:00 Movies & Jobs, L 1:30 Bingo, AR 3:30 Garden Cleanup Sukkot Begins	26 11:00 70s Trivia, L (DH) 3:00 70s Music Sing a Long, L(DH)
27 9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (KDi) 11:00 Worship Service – Church of Christ 1:30 Patio Social (KDi)	28 1-1 Music Therapy 9:30 Café Visits 11:00 Guess Who?, L 1:30 Country Music Trivia & Songs, L 2:00 Restorative Visits 3:00 Hand Therapy	29 Physiotherapy AM 9:30 These Days in History, L 11:00 Obie Interactive Game, AR 1:30 Music with Lou Perri, Aud 3:30 Obie Interactive	30 ORANGE SHIRT DAY 9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:00 Travel : Montreal, L 6:00 Game Night, AR	September 2026		

Programs on the calendar are subject to change. Please check your activity board daily for any updates.