

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

PINE

October 2026					PINE		Physiotherapy AM 9:30 October Short Stories, L(GC) 11:00 Chair Yoga 1:30 Fall Word Games 3:00 Restorative Visits	1	Physiotherapy AM 9:30 Morning Visits 11:00 Coloring Group 1:30 Name that Tune 3:30 Believable or Batty	2	11:00 Beach Volleyball (LV) 3:00 Music in the Lounge, L (LV) Simchat Torah Begins	3	
9:30 Hymn Sing & Hand Massages, L (LV) 11:00 Worship Service – Church of Christ 1:30 Corn Hole, L (LV)	4	1-1 Music Therapy Physiotherapy AM 10:30 Restorative Visits 11:15 Sparkling Specs 1:30 Apple Cidar Social 3:30 Creative Fall Craft Corner 6:00 Sensory Rm Visits	5	WESTERN DAY 10:30 Restorative Visits 11:00 Thankful Card Making 1:30 Birthday Hoedown 3:30 Flyers THEN vs NOW	6	9:30-11 Rehab Gym, RC 10:30 Roman Catholic Mass, Aud 11:00 WHATS IN THE BAG? 1:30 Spiritual Reflections AUD 3:30 Coco & Convos	7	Physiotherapy AM 9:30 Pumpkin Spice Cookie Baking 11:00 Anglican Communion, SS 1:30 Resident Council Meeting, SS 1:45 Fall Fair Day, Aud 3:00 Restorative Visits	8	Physiotherapy AM 9:30 Movement TO Music 11:00 Happy Homemakers Laundry 1:30 Laundry Spin & Flip 3:30 Feel & Sort	9	11:00 Ball Toss, L (KD) 1:30 Music with Brent, Aud 3:30 Friendly Visits & Walks (KD)	10
9:30 Hymn Sing & Hand Massages, L (KD) 11:00 Worship Service – Church of Christ 1:30 Finish Lines, L (KD)	11	THANKSGIVING HOLIDAY 11:00 A Canadian Thanksgiving 3:00 Remembering Songs About Gratitude (KD) Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12	9:30 Café Social Visits 11:00 Manicures 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 Thanksgiving Word Cookies 6:00 ROM & Relax, L	13	9:30-11 Rehab Gym, RC 9:30 Best Halloween Costumes of all times 11:00 Bean Bag Toss 1:30 Spiritual Reflections AUD 3:30 Sensory RM Visits	14	Physiotherapy AM 9:30 Stretch It Out 11:00 Rosary, SS 11:00 Horse Races 1:30 DROM Circle, 3:00 Restorative Visits 3:30 Golden Spa	15	Physiotherapy AM 9:30 Morning Visits 10:30 Painting with Olivia, Spruce AR 11:00 Happy H Makers Baking Cake 1:30 HH Sparkle Squad 3:00 Cake & Convos	16	11:00 Name That Celebrity, L (GC) 3:00 Ball Toss, L (GC)	17
9:30 Hymn Sing & Hand Massages, L (KV) 11:00 Worship Service – Church of Christ 1:30 October Trivia, L (KV)	18	1-1 Music Therapy Physiotherapy AM Clothing Sale, Aud 10:30 Restorative Visits 11:15 Sparkling Specs 1:30 Creative Corner 3:30 Hockey 6:00 Outdoor Garden Care	19	9:30 Café Social Visits 11:00 Creative Corner Painting 1:30 Music with Jimmy Aud 3:30 Obie Games 6:00 ROM & Relax, L	20	9:30-11 Rehab Gym, RC 9:30 Happy H Laundry 11:00 Spin & Flip 1:30 Spiritual Reflections AUD 3:00 Happy H Feel Fold & Sort	21	Physiotherapy AM 9:30 Jokes of the day 11:00 Afternoon Walks 1:30 Men's Group 1:45 Montessori Visits 3:00 Restorative Visits 3:30 Guess that Scent	22	Physiotherapy AM 9:30 Creative Coloring, AR (LV) 11:00 Trivia 1:30 Bean Bag Toss L (LV) 3:30 Autumn Sing-A-Long, L (LV)	23	11:00 Chair Zumba 3:00 Manicures	24
9:30 Hymn Sing & Hand Massages, L 11:00 Worship Service – Church of Christ 1:30 STRETCH IT OUT	25	1-1 Music Therapy Physiotherapy AM 9:30-11:30 Municipal Election Voting 9:30 Puzzle Corner 10:30 Restorative Visits 1:30 Word Games 3:00 Horseshoes 6:00 Evening Visits	26	9:30 Café Social Visits 11:00 Beach Travelogue 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 WHATS IN THE BAG? 6:00 ROM & Relax, L	27	9:30-11 Rehab Gym, RC 9:30 Beach Volleyball 11:00 Memorial Service, SS 1:30 Spiritual Reflections AUD 3:30 Short Stories	28	9:30 Morning Visits 11:00 Happy H Pumpkin Loaf 1:00 HH Sparkle Squad 3:00 Restorative Visits 3:00 Pumpkin Spice Loaf Social	29	Physiotherapy AM 9:30 Bread Making 11:00 Just 4 Laughs 1:30 Halloween Party & Costume Parade, Aud 3:30 Lattes & Bread	30	11:00 Movement To Music (LV) 3:00 Nursery Visits (LV) Halloween	31

Programs on the calendar are subject to change. Please check your activity board daily for any updates.