

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2026

SPRUCE

October 2026					Physiotherapy PM 11:00 October IQ. L 1:30 Afternoon Baking: 3:00 Enjoy our Treats Social		1	Physiotherapy PM 9:30 Let's Get Physical, L 11:00 Giant Crossword, L 1:30 Bingo, AR 3:30 Friendly Visits	2	11:00 Which Song is It?, L (DH) 3:00 Active Game: Darts, L (DH) Simchat Torah Begins	3		
9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Game, AR (DH)	4	1-1 Music Therapy 9:30 Café Visits 11:00 Would You Rather Edition? 1:30 Apple Cider Social 2:00 Restorative Visits 3:00 Hand Therapy, L	5	WESTERN DAY Physiotherapy AM 11:00 Country Music Stars, L 1:30 Birthday Hoedown with music by Naomi, the Singing Cowgirl, Aud 3:30 Western Trivia, L	6	9:30-11 Rehab Gym, RC 10:30 Roman Catholic Mass, Aud 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:30 Fall Fair Crafts, AR 6:00 Wheel of Fortune Game, L	7	Physiotherapy PM 9:30 Fall Baking, AR 10:30 Restorative Visits 11:00 Anglican Communion, SS 1:30 Resident Council Meeting, SS 1:45 Fall Fair Day, Aud	8	Physiotherapy PM 9:30 1:1 Manicures 9:30 Let's Get Physical, L 11:00 Word in a Word Game, L 12:00 Swiss Chalet-Diners Club, Aud 2:00 Bingo, AR	9	11:00 Country Music Stars & Songs, L (KV) 1:30 Music with Brent, Aud	10
9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (KV) 11:00 Worship Service – Church of Christ 1:30 Thanksgiving Fun Facts and Chat, L (KV)	11	THANKSGIVING HOLIDAY 11:00 Cranberry Sauce Word Mining, L (LV) 3:00 Cranberry Toss Game (LV) Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12	Physiotherapy AM 9:30 Tea & Coffee Social, AR 11:00 1:1 Colouring, AR 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 What Would you Do?, L	13	9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:30 Giant Dice Game, L 6:00 October Jeopardy, L	14	Physiotherapy PM 9:30 Who Am I?,L(DH) 10:30 Restorative Visits 11:00 Rosary, SS 1:30 DROM Circle, Aud 1:45 Songs of the 60s (DH) 3:30 Plinko Game, L (DH)	15	Physiotherapy PM 9:30 Let's Get Physical, L 9:30 1:1 Manicures &Visits 10:30 Painting with Olivia, Spruce AR 1:30 Bingo, AR 3:30 Outdoor Patio Cleanup	16	11:00 Creative Colouring, AR (LV) 3:00 Horseshoes, L (LV)	17
9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (LV) 11:00 Worship Service – Church of Christ 1:30 White Board Word Game, L (LV)	18	1-1 Music Therapy 9:30 1:1 Walks to Clothing Sale, Aud 11:00 Reminiscing, L 2:00 Restorative Visits 3:00 Hand Therapy, L 3:30 Card Bingo, AR	19	Physiotherapy AM 9:30 "Orange" Trivia (KDi) 1:30 Music with Jimmy Aud	20	9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 1:30 Spiritual Reflections 3:00 Making Paper Pumpkins, AR 6:00 Short Stories, L	21	Physiotherapy PM 9:30 Travelogue: Prague 10:30 Restorative Visits 11:00 Obie Interactive, AR 1:30 Men's Group 1:45 Decorate for Halloween 3:00 English Words with German Origins, L	22	Physiotherapy PM 9:30 Let's Get Physical, L 9:30 1:1 Manicures 11:00 Movie Bio: Kate Winslet, L 1:30 Bingo, AR 3:30 Friendly Visits	23	11:00 Name Ten Game, L (KV) 3:00 The Write Word Game, L (KV)	24
9:30 St. Mary's Catholic Church Visits 9:30 Hymn Sing & Hand Massages, L (KV) 11:00 Worship Service – Church of Christ 1:30 What / Who Am I? L (KV)	25	1-1 Music Therapy 9:30-11:30 Municipal Election Voting 9:30 Café Visits 11:00 Walks to Elections 1:30 Halloween Craft Corner, AR 2:00 Restorative Visits 3:00 Hand Therapy, L	26	Physiotherapy AM 9:30 Bread in Bread Maker 11:00 At the Deli, L 1:30 Sing Song with the Maycourt Ladies, Aud 3:30 Enjoy our Bread Social	27	9:30-11 Rehab Gym, RC 11:15 Sparkling Specs 11:00 Memorial Service, SS 1:30 Spiritual Reflections 3:00 Pumpkin Carving, AR 6:00 Java Music, AR	28	Physiotherapy PM 9:30 Halloween Facts/Trivia, L 10:30 Restorative Visits 11:00 Puzzles & Colouring, AR 1:30 History of Halloween Movies, L	29	Physiotherapy PM 9:30 Let's Get Physical, L 9:30 1:1 Manicures 11:00 Famous October Birthdays, L 1:30 Halloween Party & Costume Parade, Aud 3:30 Friendly Visits	30	11:00 Halloween Jokes & Riddles, L (DH) 3:00 Ring Toss, L (DH) Halloween	31

Programs on the calendar are subject to change. Please check your activity board daily for any updates.