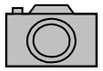
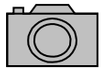
November 2026

ASPEN

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 11:00 Hymn Sing & Hand Massages (LV) 11:00 Worship Service – Church of Christ 3:00 Darts (LV) Daylight Saving Time Ends	**2** 1-1 Music Therapy 9:30 Let's Get Physical, L 11:15 Sparkling Specs 1:30 Java Music 3:30 Welcome to November Chat 6:00 John McCrae, The Man Who Wrote In landers Fields	**3** Physiotherapy PM 11:00 Name 5 **1:30 Birthday Party with Bob Cook, Aud** 3:00 Cyber Calls & 1-1 Visits	**4** 9:30 Manicures & Music 9:30-11 Rehab Gym, RC **10:30 Roman Catholic Worship Service, Aud** **1:30 Spiritual Reflections** 2:00 Restorative Visits 3:00 Hand Therapy, L	**5** Physiotherapy AM 11:00 At The Royal, AR (GC) **1:30 DROM Circle, Aud** 1:45 What in the World Do You Mean? L (TB)	**6** Physiotherapy PM 9:30 Giant Dice 11:00 Sing Along 1:30 Word Game 2:00 Restorative Visits 3:30 Darts	**7** **9:30 Visits from St. Mary's Church** 9:30 Don't Sit Under The Apple Tree Reminisce (KD) 1:30 Remembrance Day Craft (KD)
8 11:00 Hymn Sing & Hand Massages (KD) 11:00 Worship Service – Church of Christ 3:00 Montessori Story: When Sundays Were Special (KD) Diwali (Hindi)	**9** 1-1 Music Therapy 9:30 Let's Get Physical, L 11:00 Medal Categories Word Game (LV) 1:30 Canada Remembers (LV) 3:30 Creative Remembrance Day Colouring (LV)	**10** Physiotherapy PM 9:30 Obie Interactive Game 11:00 Canada Salutes You Scrabble **1:30 Sing Song with the Maycourt Ladies, Aud** 3:30 Cyber Calls & 1-1 Visits	**11** 9:30 Story Time: Tiny house, Giant plans 9:30-11 Rehab Gym, RC **10:30 Remembrance Day Ceremony, Aud** **1:30 Spiritual Reflections** 2:00 Restorative Visits 3:00 Hand Therapy, L Veterans Day Remembrance Day (Canada)	**12** Physiotherapy AM 9:30 Café Visits **11:00 Anglican Communion, SS** **12:00 Diner's Club, Aud** **1:30 Resident Council Meeting, SS** 2:30 Manicures & Music 3:30 What's Your Verdict?	**13** Physiotherapy PM 9:15 Hand massages **10:30 Painting with Olivia, Spruce AR** 1:30 Word Game 2:00 Restorative Visits 3:30 Darts	**14** **9:30 Visits from St. Mary's Church** 9:30 Shake Loose a Memory (SJ) **1:30 Entertainment with Paul, Aud**
15 11:00 Hymn Sing & Hand Massages (SJ) 11:00 Worship Service – Church of Christ 3:00 Name that Instrument (SJ)	**16** 1-1 Music Therapy 9:30 Let's Get Physical, L **GLAMOUR DAY (Pine, Aspen, Spruce)** 	**17** Physiotherapy PM 9:30 Plinko Game 11:00 Montessori Story **1:30 Entertainment with Rick Groves, Aud** 3:30 Cyber Calls & 1-1 Visits	**18** **GLAMOUR DAY (Willow)**  9:30-11 Rehab Gym, RC **1:30 Spiritual Reflections** 2:00 Restorative Visits 3:00 Hand Therapy, L	**19** Physiotherapy AM 9:30 Now and then: Price compare (SJ) **11:00 Rosary, SS** **1:30 Men's Group** 1:45 Manicures & Music (SJ) 3:30 Ring Toss (SJ)	**20** Physiotherapy PM 9:30 Story Time: Unexpected Places 11:00 Finish the Phrases 1:30 Obie Interactive Game 2:00 Restorative Visits 3:30 Darts	**21** **9:30 Visits from St. Mary's Church** 9:30 What / Who Am I? (GC) **1:30 Lyrica Chamber Choir, Aud**
22 11:00 Hymn Sing & Hand Massages (GC) 11:00 Worship Service – Church of Christ 3:00 Survey Says, AR (GC)	**23** 1-1 Music Therapy 9:30 Let's Get Physical, L **Christmas Cheer & Decking the Halls** 6:00 Remembering Mother Goose Nursery Rhymes	**24** Physiotherapy PM 9:30 Hand Bells 11:00 Fun with Puns and Jokes **1:30 Sing Song with the Maycourt Ladies, Aud** 3:30 Cyber Calls & 1-1 Visits	**25** 9:30-11 Rehab Gym, RC 9:30 Manicures and Music 11:00 Sing Along **1:30 Spiritual Reflections** 2:00 Restorative Visits 3:00 Hand Therapy, L	**26** Physiotherapy AM 9:30 Café Visits 11:00 A to Z Words in Flight 1:30 Bingo **2-6 Twilight Sale Auditorium/Café** 3:30 Walks to Twilight Sale Thanksgiving Day (U.S.)	**27** Physiotherapy PM 9:30 Bean Bag Toss 11:00 Shake Loose a Memory 1:30 Rosary 2:00 Restorative Visits 3:30 Darts	**28** **9:30 Visits from St. Mary's Church** 9:30 Trivia (MO) **10-12 Staff Children's Christmas Party sponsored by Resident Council, Auditorium** 1:30 Sing Song (MO)
29 11:00 Hymn Sing & Hand Massages (MO) 11:00 Worship Service – Church of Christ 3:00 Good News Stories (MO)	**30** 1-1 Music Therapy 9:30 Let's Get Physical, L 11:15 Sparkling Specs 1:30 Java Music 3:30 Knitting Wool/Winding 6:00 Songs That Take Us to New Heights					

Programs on the calendar are subject to change. Please check your activity board daily for any updates.