November 2026

SPRUCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **9:30 Visits from St. Mary's Church** 9:30 Hymn Sing & Hand Massages (DH) 11:00 Worship Service – Church of Christ 1:30 Euchre Game, AR(DH) Daylight Saving Time Ends	**2** 1-1 Music Therapy Physiotherapy AM 9:30 Café Visits 11:00 November News, L 1:30 Active Game: Dice 2:00 Restorative Visits 3:00 Hand Therapy, L 3:30 Friendly Visits	**3** Physiotherapy AM 11:00 What do You Mean? **1:30 Birthday Party with Bob Cook, Aud** 3:15 Short Story, L	**4** 9:30-11 Rehab Gym, RC **10:30 Roman Catholic Worship Service, Aud** 11:15 Sparkling Specs **1:30 Spiritual Reflections** 3:30 Euchre Game, AR 6:00 Travel Trivia, L	**5** Physiotherapy PM 9:30 Morning Coffee & News Social, AR 10:30 Restorative Visits **1:30 DROM Circle, Aud** 3:00 Top Favourite Songs, L	**6** 9:30 1:1 Montessori 9:30 Let's Get Physical, L 11:00 Remembrance Day Craft 1:30 Bingo, AR 3:30 Friendly Visits	**7** 11:00 Short Stories, L (KV) 3:00 Giant Dice Game, L (KV)
8 **9:30 Visits from St. Mary's Church** 9:30 Hymn Sing & Hand Massages (KV) 11:00 Worship Service – Church of Christ 1:30 Remember the 60s Music, L (KV) Diwali (Hindi)	**9** 1-1 Music Therapy Physiotherapy AM 9:30 Café Visits 11:00 Name Ten, L 1:30 Hall of Famers, L 2:00 Restorative Visits 3:00 Hand Therapy, L 3:30 Friendly Visits	**10** Physiotherapy AM 9:30 Word in A Word Game, L 11:00 Reminiscing, L **1:30 Sing Song with the Maycourt Ladies, Aud** 3:30 Card Bingo, AR	**11** 9:30-11 Rehab Gym, RC 9:30 Remembrance Day Talk, L **10:30 Remembrance Day Ceremony, Aud** **1:30 Spiritual Reflections** 3:00 Hero's & Stories, L Veterans Day Remembrance Day (Canada)	**12** Physiotherapy PM 9:30 At The Royal!, L 10:30 Restorative Visits **11:00 Anglican Communion, SS** 11:05 Survey Says, L **1:30 Resident Council Meeting, SS** 1:45 Café Visits 3:30 Java Music, AR	**13** 9:30 Manicures & Visits 9:30 Let's Get Physical, L **10:30 Painting with Olivia, Spruce AR** **12:00 Halibut House Lunch Club, Aud** **2:30 Bingo, AR** 4:00 Friendly Visits	**14** 11:00 Basketball (LV) **1:30 Entertainment with Paul, Aud**
15 **9:30 Visits from St. Mary's Church** 9:30 Hymn Sing & Hand Massages (LV) 11:00 Worship Service – Church of Christ 1:30 Board Games & Puzzles (LV)	**16** 1-1 Music Therapy Physiotherapy AM **GLAMOUR DAY (Pine, Aspen, Spruce)** 2:00 Restorative Visits 3:00 Hand Therapy, L	**17** Physiotherapy AM 9:30 Cranberry Orange Bread, AR 11:00 Reminiscing, L **1:30 Entertainment with Rick Groves, Aud** 3:30 Manicures & Chat	**18** **GLAMOUR DAY (Willow)** 9:30-11 Rehab Gym, RC **1:30 Spiritual Reflections** 3:30 Hidden Gems, L	**19** **Christmas Cheer & Decking the Halls** Physiotherapy PM 10:30 Restorative Visits **11:00 Rosary, SS** **1:30 Men's Group** **2:00 Afternoon Apple Cider & Christmas Music**	**20** 9:30 Let's Get Physical, L 9:30 Indoor Walks (LV) 11:00 Ring Toss, L (LV) **1:30 Bingo, AR (LV)** 3:30 Friendly Visits (LV)	**21** 11:00 Who / What Am I?, L (KV) **1:30 Lyrica Chamber Choir, Aud** 3:00 Artists and Their Songs, L (KV)
22 **9:30 Visits from St. Mary's Church** 9:30 Hymn Sing & Hand Massages (KV) 11:00 Worship Service – Church of Christ 1:30 Corn Hole Game, L (KV)	**23** 1-1 Music Therapy Physiotherapy AM 9:30 Café Visits (LV) 11:00 Darts, L (LV) 1:30 Categories Word Game, L (LV) 2:00 Restorative Visits 3:00 Hand Therapy, L	**24** Physiotherapy AM 9:30 Your Best Guess, L 11:00 Letters to the Editor, L **1:30 Sing Song with the Maycourt Ladies, Aud** 3:30 1:1 Colour & Puzzles, AR	**25** 9:30-11 Rehab Gym, RC 11:15 Sparkling Specs **1:30 Spiritual Reflections** 3:30 Euchre Game, AR 6:00 Wonders of the World, L	**26** Physiotherapy PM 9:30 Java Club 10:30 Restorative Visits 11:00 EZ Crossword Fun, L 1:30 Short Stories, L **2-6 Twilight Sale Auditorium/Café** 2:30 Walks to Sale Thanksgiving Day (U.S.)	**27** 9:30 Manicures & Visits 9:30 Let's Get Physical, L 11:00 Sharpen Your Senses, L 1:30 Bingo, AR 3:30 Friendly Visits	**28** **10-12 Staff Children's Christmas Party sponsored by Resident Council, Auditorium** 3:00 Creative Colouring & Visits, AR (LV)
29 **9:30 Visits from St. Mary's Church** 9:30 Hymn Sing & Hand Massages (LV) 11:00 Worship Service – Church of Christ 1:30 Ring Toss, L (LV)	**30** 1-1 Music Therapy Physiotherapy AM 9:30 Café Visits 11:00 Can You Picture This?, L 1:30 Homemade Christmas Cards, AR 2:00 Restorative Visits 3:00 Hand Therapy, L 3:30 Friendly Visits					